

CURRICULUM VITAE



Prof. Peter Chege

1.1 PERSONAL PROFILE

1.1.1 Personal Details

Name: Prof. **Peter Maina Chege**

Department: **Food, Nutrition and Dietetics**

Designation: **Associate Professor**

Chairman- Department of Food, Nutrition and Dietetics

Area of Specialization/ research interests:

- Food Systems and Food Security
- Agri-nutrition
- Community Nutrition
- Nutrition in Emergency
- Maternal and Child Nutrition
- Statistics and Research Methods
- Livelihood studies

1.1.2 ACADEMIC AND PROFESIONAL QUALIFICATIONS

Academic Qualifications

2014-2018	JKUAT	MBA - Strategic Management
2009-2012	Kenyatta University	PhD - Food, Nutrition and Dietetics
2002-2005	Kenyatta University	Msc - Food, Nutrition and Dietetics
1995-2000	Egerton University	Bsc - Food, Nutrition and Dietetics (Second Upper)
1990-1993	Njiiri High School	KCSE (B+)

Professional Courses

October 2023	KU	Pedagogy Skills Training
August 2022	ACF	Digital Research Training
April- July 2021	KU	e-learning Training – Extend Africa – 3 modules
October 2019	KU	Training on pedagogy and ISO 9001:2015
June 2019	KU	Gender mainstreaming training
June 2018	KU	Applied Entrepreneurship Education Programme
May 2018	KU	Entrepreneurial Mindset and Innovation
Jan 2018	KU	Training on Staff mentorship
Sept 2017	NHP plus	Value chain analyses course

Sept 2016	Zimbabwe	Datalyst Africa -Advanced statistics and Data analysis course (Use of STATA and NVIVO)
May 2016	Kenyatta University	Use of SPSS in data analyses
July 2014	GAIN/WHO (Geneva)	Applied statistics (Optifood /ProPAN softwares in research)
Feb 2014	Kenyatta University	Use of Smart board in teaching
Jan 2012	USAID	Project planning and management, procurement donor fund management and accounting
June 2012	GAIN	Focused Ethnographic methodology in qualitative research
July 2011	FSAU	Nutrition assessment course
April 2008	United Nations	SMART for ENA methodology
April 2006	Ministry of Health	Nutrition management in HIV
Feb 2006	Ministry of Health	Integrated Management of Childhood Illness (IMCI)
Feb 2006	Ministry of Health	Focused Antenatal Care
Sept 2005	Ministry of Health	PMTCT/ Pediatric HIV
April 2004	FSAU	Nutrition surveillance and response in emergency
Jan 2000	Makerere University	Advanced statistics course (Data analysis using SPSS, EPI-INFO, Nutri-survey)
May 1995	Egerton University	Participatory Rural appraisal (PRA)
Dec 1997	Egerton University	CPA 1- KASNEB

1.1.3 Univeristy appointments and reponsibilities

Date	Position	Duties
July 2025 to date	Committee Member – Development of Policy and Procedures for Credit Waivers/ Credit Transfers - Kenyatta University	To develop police and procedures
July 2025 to date	Board Member – Catering services Board - Kenyatta University	Management and control of functions of the catering services of Kenyatta university
November 2022 to 2025	Senate Representative Student Disciplinary Committee (SDC) - Kenyatta University	Representing the senate for disciplinary issues among the students
August 2021 to date	Chairman Department, Food, Nutrition and Dietetics, Kenyatta University	Administrative duties at the department

1.1.4 Employment History

Date	Position	Duties
July 2025 - to date	Associate Professor Department of Food, Nutrition and Dietetics Kenyatta University	Areas of teaching; ➤ Biostatistics ➤ Maternal and child nutrition ➤ Nutrition and food security ➤ Community nutrition assessment ➤ Nutrition through the lifecycle ➤ Nutrition in emergencies ➤ Research Methods ➤ Program design, monitoring and evaluation
January 2018- to June 2025	Senior Lecturer Department of Food, Nutrition and Dietetics Kenyatta University	Areas of teaching; ➤ Biostatistics ➤ Maternal and child nutrition ➤ Nutrition and food security ➤ Community nutrition assessment ➤ Nutrition through the lifecycle

		➤ Nutrition in emergencies ➤ Research Methods ➤ Program design, monitoring and evaluation
January 2013- December 2017 (5 years)	Lecturer Department of Food, Nutrition and Dietetics Kenyatta University	Areas of teaching; ➤ Biostatistics ➤ Maternal and child nutrition ➤ Nutrition and food security ➤ Community nutrition assessment ➤ Entrepreneurship in nutrition ➤ Nutrition in emergencies ➤ Research Methods ➤ Program design, monitoring and evaluation
Jan 2009- Dec 2012 (4 years)	Tutorial Fellow Department of Food, Nutrition and Dietetics Kenyatta University	Areas of teaching; ➤ Statistics ➤ Maternal and child nutrition ➤ Nutrition and food security ➤ Community nutrition assessment ➤ Entrepreneurship in Nutrition ➤ Nutrition in emergencies ➤ Research Methods ➤ Program design, monitoring and evaluation
Feb 2008 - Dec 2008	Nutrition Officer UNICEF UNITED NATIONS Kenya Office	➤ Policy formulation and advocacy ➤ Coordination of nutrition activities in middle and South Rift Valley (post-election violence) ➤ Supplies requisition and tracking ➤ Capacity building to NGOs and MOH staff ➤ Monitoring /Evaluation of interventions ➤ Nutrition surveillance, surveys and assessments ➤ Chair of inter-agency collaboration with GOK and other health and nutrition implementing partners ➤ Grants management ➤ Strategic plan review ➤ Fund raising ➤ Reporting ➤ Grant proposal analyses for funding
July 2006 - Jan 2008	Nutrition Manager World Vision Kenya Office	➤ Projects design and proposal writing ➤ Strategic plan development ➤ Management and coordination of a nutrition program activities (SFP and OTP) ➤ Coordination of community mobilization ➤ Commodity management and tracking ➤ Capacity building of WVK and MOH staff ➤ Managing grants ➤ Program monitoring /evaluation ➤ Carrying out surveys and assessment ➤ Nutrition surveillance ➤ Inter-agency collaboration with GOK and other implementing agencies ➤ Project design ➤ Policy formulation ➤ Report writing ➤ Data analyses
April 2005- June 2006	Provincial Nutrition Officer Central Province Ministry of Health	➤ Health policy formulation ➤ GOK advisor on nutrition and health issues ➤ Inter-sectoral collaboration

		➤ Proposal design, funds management ➤ Supervision of nutrition activities /staff ➤ Fund raising for nutrition activities ➤ Representing the GOK in stakeholders meeting
October- Nov 2002	Nutritionist (Contract) Huduma Miongoni Mwa Wafugaji Morogoro - Tanzania	➤ Carrying out Participatory Rural Appraisal ➤ Nutrition program management ➤ Proposal and report writing ➤ Health and nutrition education
July – September 2002	Nutritionist (Contract) Mission to Un-reached People (MUPE) Rubek - Southern Sudan	➤ Nutrition and food consumption survey ➤ Proposal design ➤ Nutrition program roll out ➤ Project monitoring and evaluation ➤ Report writing
July 2000-July 2002	Nutrition Officer (contract) Lutheran World Federation (LWF) Kakuma Refugee Camp	➤ Nutrition assessment /survey ➤ Planning nutrition interventions ➤ Planning school feeding program ➤ Commodities management ➤ Capacity building for staff ➤ Rehabilitation of orphaned children ➤ Inter-agency collaboration with UNHCR and other agencies in the camp ➤ Diet therapy for hospitalized refugees

1.2 Publications

1.2.1 Referred Journals

Referred Journals

No	Author(s)	Year	Title	Journal	ISBN/ISSN
1	Emily Mkungo, Peter Chege , Judith Munga	2025	Determinants of fortified food consumption among children aged 6-23 months in Isiolo County, Kenya.	International Journal of Community Medicine and Public Health	Jun;12(6):2508-2513. http://www.ijcmph.com pISSN 2394-6032 eISSN 2394-6040
2	Elizabeth Mboya, Peter Chege & David Okeyo	2025	Socio-Demographic Characteristics as Determinants of Performance of Clinical Nutrition Interns in Selected Health Facilities in Kenya.	East African Journal of Health and Science	ejhs.eanso.org Volume 8 Issue 1, 2025 Print ISSN: 2707-3912 Online ISSN: 2707-3920 Title DOI: https://doi.org/10.37284/2707-3920
3	Justin Mafuko, Sophie Ochola, Peter Chege	2024	Influence of couple nutritional counselling versus maternal nutritional counselling on maternal attitude about proper maternal dietary practices and weight gain monitoring during pregnancy in Goma town, DR Congo.	Journal of Food Science and Nutrition Research..	7 (2024): 87-95

4	Justin Mafuko, Sophie Ochola, Peter Chege	2024	Comparison of the influence of couple nutritional counselling versus maternal nutritional counselling on maternal knowledge about proper maternal dietary practices and weight gain monitoring during pregnancy in Goma town, DR Congo.	Journal of Food Science and Nutrition Research	7 (2024): 80-86.
5	Patrick Mucheru, Peter Chege & Mary Muchiri	2024	Physiochemical, Proximate Composition And Microbial Quality of a Novel Probiotic Yoghurt Fortified with Purple-Leaf Tea (<i>Camelias sinensis</i>).	African Journal of Food, Agriculture, Nutrition & Development	24(12):25291-25308 DOI:10.18697/ajfand.137.23485
6	Mary Kyalo, Peter Chege , Regina Kamuhu	2024	Overweight and Obesity and Associated Factors among Adolescent Students in Public Day Secondary Schools in Machakos County, Kenya	Journal of Nutrition and Food Security	eISSN: 2476 -7425 pISSN: 2476 -7417 JNFS 2024; 9(4): 744 -754 Website: jnfs.ssu.ac.ir
7	Dorothy Bundi, Peter Chege , Regina Kamuhu	2024	Association Between the Dietary Practices and the Nutrition Status of Adult Cancer Outpatients at Nyeri County Referral Hospital, Kenya; A Cross Sectional Survey	International Journal of Nutrition and Food Sciences	13 (6), 239-248
8	Louse Orina, Michael Walekhwa, Peter Chege	2024	Inadequate Sunlight Exposure as A Risk Factor for Nutritional Rickets: A Systematic Review.	African Journal of Nutrition and Dietetics	, 3(1), 147–161. https://doi.org/10.58460/ajnd.v3i1.90
9	Dorothy Bundi, Peter Chege , Regina Kamuhu	2024	Malnutrition Diagnosis Among Cancer Outpatients Using Malnutrition Universal Screening Tool in Nyeri County Referral Hospital, Kenya	International Journal of Nutrition and Food Sciences	2024, Vol. 13, No. 5, pp. 166-173 https://doi.org/10.11648/j.ijnfs.20241305.12
10	Mucheru Patrick, Chege Peter & Muchiri Mary	2024	The potential health benefits of a novel synbiotic yogurt fortified with purple-leaf tea in modulation of gut microbiota	Bioactive Compounds in Health and Disease	2024; 7(4): 170-184. DOI: https://doi.org/10.31989/bchd.v7i3.1323
11	Sheillah Nkoitai, Michael Walekhwa, Peter Chege	2024	Dietary Practices of Caregivers to Children Aged 6 to 23 Months at Narok County Referral Hospital, Kenya	African Journal of Nutrition and Dietetics	DOI 10.58460 Vol. 2 (1). 2023
12	Lydia Amoke, Peter Chege , Wifreda Nyamota	2023	Breastfeeding Practices and Infant Nutrition (6-23 Weeks) of Post-Partum Depressed Mothers in Nairobi City Hospitals	International Journal of Health Sciences and Research (IJHSR)	www.ijhsr.org. ISSN: 2249-9571
13	Maureen Muketha; Peter Chege , Regina Kamuhu	2023	Social economics determinants and dietary recommendations adherence in type 2 diabetes patients in Nyahururu Kenya	International Journal of Novel Research and Development	www.ijnrd.org ISSN: 2456-4184
14	Christine Mati, Peter Chege , Joseph Kobia	2023	Knowledge, Attitude and Acceptability of Human Breast Milk Banking Among Lactating Mothers at Pumwani Maternity Hospital, Nairobi City County, Kenya	International Journal of Novel Research and Development	[ISSN No: 2456-4184

15	Sarah Adan, Peter Chege , Wesley Bor	2023	Dietary Diversity and Iron Status in Pregnant Women Attending the Antenatal Clinic at Narok County Referral Hospital, Kenya	African Journal of Nutrition and Dietetics	DOI 10.58460 Vol. 1 (1). 2023
16	Jacinta Wambugu, Peter Chege , Miriam Muga	2023	Maternal determinants of non-compliance to folic acid supplementation and iron among pregnant women in Nakuru North Sub-County, Kenya	Journal of Medical and Health Sciences	[ISSN 2958-1079] Volume: 01 Issue: 01
17	Faith Jerono Kimutai, Wesley Bor, Peter Chege	2022	Predictors Associated with Double Burden of Malnutrition among Child-Mother Pairs in Kericho County, Kenya	EAS Journal of Nutrition and Food Sciences	ISSN: 2663-7308
18	Kiprotich Dominic, Chege Peter , Mituki Dorothy	2022	Dietary Practices of Patients with Type 2 Diabetes Attending Clinic at Nakuru Level 6 Hospital, Kenya	African Journal of Nutrition and Dietetics	DOI 10.58460 Vol. 1 (1). 2022
19	Nourine Yegon, Wesley Bor, Peter Chege	2022	Dietary Practices of Adult Pulmonary Tuberculosis Patients Attending Tuberculosis Clinic at Kericho County Referral Hospital in Kenya	African Journal of Nutrition and Dietetics	DOI 10.58460 Vol. 1 (1). 2022
20	Callen Onchwari, Peter Chege , Regina Kamuhu	2022	Cash Crop Farming Among Small Scale Tea Farmers and its Contribution to Food Security of Households in Vihiga County, Kenya	International Journal of Health Sciences and Research (IJHSR)	www.ijhsr.org. ISSN: 2249-9571
21	Willy K. Kiboi, Patrick K. Mucheru, Leah N. Mututho, Judith O. Kimiywe, Peter M. Chege , Ayenew A. Negesse	2022	Prevalence of household food security in Kenya: a systematic review and meta-analysis	International Journal of Community Medicine and Public Health	pISSN2394-6032 eISSN 2394-6040
22	Johnson Weru, Peter Chege , Anthony Wanjoya, John Kinyuru	2022	Comparison of healthfulness of conventional meats and edible insects in Sub-Saharan Africa using three nutrient profiling models	Bulletin of the National Research Centre	ISSN : 2522-8307
23	Johnson Weru, Peter Chege , John Kinyuru	2021	Nutritional potential of edible insects: a systematic review of published data.	The international Journal of Tropical insect Science	ISSN : 2522-8307 1742-7584 1742-7592
24	Sarah Oteri, Judith Kimiywe, Peter Chege	2020	Complementary Feeding Practices of Children 6-23 Months of Mother-To-Mother Support Groups Participants and Non-Participants in Kakuma, Turkana County, Kenya: A Cross-Sectional Comparative Study	Journal of Pediatric and Womens Healthcare	ISSN: 2643-797
25	Willy Kiboi, Judith Kimiywe, Peter Chege	2020	Longitudinal Changes of Human Milk Nutrient Content in the First 6 Months of Lactation	World Journal of Nutrition and Health	ISSN:2379-7819 ISSN: 2379-7827

26	Jamleck Muthuuri, Eliab Some, Peter Chege	2019	Adult Characteristics of Survivors of Early Life Malnutrition in an Impoverished Population	Clinical Nutrition	ISSN: 0261-5614
27	Phyllis Waruguru, Peter Chege	2019	Water Safety Practices and Occurrence of Diarrhea Among Children Under Five in Different Households of Njemp Community, Baringo County, Kenya	Food Science and Quality Management	www.iiste.org ISSN 2224-6088
28	Lennah Nyatichi, Peter Chege , Irene Ogada	2019	Maternal Socio-Economic Status, Complementary Feeding Practices and Nutrition Status of Children Ages 6-23 Months in Kuria West, Migori County, Kenya	International Journal of Health Sciences and Research (IJHSR)	www.ijhsr.org. ISSN: 2249-9571
29	Naureen Andare, Sophie Ochola and Peter Chege	2019	Determinants of infant feeding practices among mothers living with HIV attending prevention of mother to child transmission Clinic at Kiambu Level 4 hospital, Kenya: a cross-sectional study	Nutrition Journal	ISSN: 1475-2891
30	Jacqueline Macharia, Dorcus Mbithe, Harun Kimani and Peter Chege	2019	Feeding Practices and Nutrition Status among Children Aged 6-23 Months after Discharge from Supplementary Feeding Program in Isiolo County, Kenya	Food Science & Nutrition Research	ISSN 2641-4295
31	Mercy Githinji, Doris Mbugua and Peter Chege	2019	Application of Marketing Mix Strategies and the Effect on Market Performance of Motor Vehicle Dealers in Kenya	European Journal of Business and Management www.iiste.org	ISSN 2222-1905 (ISSN 2222-2839)
32	Tabitha A. Yusuf, Peter Chege	2019	Awareness of Food Hygiene Practices and Practices among Street Food Vendors in Nasarawa State, Nigeria	International Journal of Health Sciences and Research (IJHSR)	www.ijhsr.org. ISSN: 2249-9571
33	Samuel Njagi, Peter Chege	2019	Is HIV a Contributing Factor to Occurrence of Hyperglycemia: A Case of People Living with HIV Attending Nyeri Referral Hospital, Kenya?	International Journal of Health Sciences and Research (IJHSR)	www.ijhsr.org. ISSN: 2249-9571
34	Rebecca Cheroni, Peter Chege , Judith Kimiywe, and Irene Ogada	2019	Body Image at Postpartum: Being Overweight but Not Noticing!	Nutrition and Food Technology	ISSN 2470-6086
35	Mohamed Abdirahman, Peter Chege and Joseph Kobia	2019	Nutrition Knowledge and Dietary Practices among Pregnant Adolescents in Mandera County, Kenya	Food Science & Nutrition Research	ISSN 2641-4295
36	Nicoleta Mwaniki, Peter Chege and Ann Munyaka	2019	Dietary Diversity, Iron Intake and Anemia among Pregnant Women in Embu County, Kenya	Nutrition and Food Technology	ISSN 2470-6086

37	Peter Chege , Grace Gachui and Zipporah Ndungu	2019	Food Security and Nutrition among Adults Living with Disability in Nakuru County, Kenya	Nutrition and Food Technology	ISSN 2470-6086
38	Grace Waweru, Peter Chege , Eunice Njogu	2019	Pre-Conception Nutrition Knowledge and Attitudes among Female Undergraduate Students at Kenyatta University, Kenya	International Journal of Health Sciences and Research (IJHSR)	www.ijhsr.org. ISSN: 2249-9571
39	Felix Ondiek, Peter Chege , and Ann Munyaka	2019	Nutritional Value of a Mushroom Fortified Maize Porridge for Complementary Feeding in Siaya County Kenya	Nutrition and Food Technology	ISSN 2470-6086
40	Fridah Munene, Judith Kimiywe and Peter Chege	2019	Dietary Practices and Nutrition Status of Adolescents Attending Day Secondary Schools in Kenya	Food Science & Nutrition Research	ISSN 2641-4295
41	Zipporah Ndungu and Peter Chege	2019	Dietary Diversity and Micronutrients Adequacy of Diets Consumed by School Aged Children in Nairobi City County, Kenya	Nutrition and Food Technology	ISSN 2470-6086
42	Terry Mwangi, Irene Ogada, Whadi-ah Parker, Peter Chege , Willy Kiboi	2018	Complementary Feeding Practices of Children 6-23 Months of Age Whose Fathers Consumed Illicit Alcohol in Kirinyaga County, Kenya	International Journal of Health Sciences and Research (IJHSR)	www.ijhsr.org. ISSN: 2249-9571
43	Jamleck Muthuuri, Eliab Some, Peter Chege	2018	Association between early life malnutrition and the size of Lumbar spinal canal among adults of coastal region, Kenya	East African Orthopaedic Journal	ISSN: 1994-1072
44	Peter Chege and Naom Mokono	2018	Dietary Practices, Morbidity Status and Nutritional Status of People Living With HIV/AIDS in Homabay County, Kenya	International Journal of Medical Science and Health Research	ISSN: 2581-3366 Vol. 2, No. 03
45	Alice Odundo, Paul Okemo, Peter Chege	2018	An assessment of food safety practices among street vendors in Mombasa, Kenya	International Journal of Health Sciences and Research (IJHSR)	www.ijhsr.org. ISSN: 2249-9571
46	Peter Chege and Grace Kiirui	2018	Influence of resource capabilities on performance of large dairy firms in Kenya	The International Journal of Business and Management	ISSN 2321 – 8916
47	Moyo Burhaan Bakari, Ann Munyaka-Ng'ang'a, Peter Chege	2017	Childcare Practices, Morbidity Status and Nutrition Status of Preschool Children (24-59 Months) Living in Orphanages in Kwale County, Kenya	International Journal of Health Sciences and Research (IJHSR)	www.ijhsr.org. ISSN: 2249-9571
48	Agnes Mwendia, Peter Chege , Eunice Njogu	2017	Dietary Practices and Nutrition Status of Adult Pulmonary Tuberculosis Patients Attending Nyeri County Referral Hospital, Kenya	Food science journal – Scholars Bulletin	ISSN 2412-9771

49	Peter Chege and Margaret Oloko	2017	Influence of generic strategies on performance of large dairy firms in Kenya	European Journal of Business and Management	ISSN 2222-1905 ISSN 2222-2839
50	Jane Mbijiwe, Peter Chege and Ann Munyaka	2017	Relationship between body mass index and blood pressure level in hypertensive patients attending Kiambu district hospital, Kenya	International Journal of Health Sciences and Research (IJHSR)	www.ijhsr.org. ISSN: 2249-9571
51	Peter Chege and Olive Muthamia	2017	Level of micronutrient supplements uptake among people living with HIV/AIDS in Kayole, Nairobi County, Kenya	Journal of AIDS and HIV Research	ISSN:2141-2359 DOI: 10.5897/JAHR2017.0414 2141-2359
52	Peter Chege and Elizabeth Kuria	2017	Relationship between nutrition knowledge of caregivers and dietary practices of children under five in Kajiado County, Kenya	Women's Health Bulletin	2345-5136 /2382-9990DOI: 10.17795/whb-43820
53	Willy Kiboi, Judith Kimiywe and Peter Chege	2017	Determinants of dietary diversity among pregnant women in Laikipia County, Kenya: A cross-sectional study	BMC Nutrition	2017. 3:12. DOI 10.1186/s40795-017-0126-6
54	Judith Kimiywe and Peter Chege	2017	Determinants of Complementary Feeding and Nutrition Status of Children 6-23 Months in Vihiga County, Kenya.	BAOJ Pediatrics	BAOJ Pediat 2017, 3: 13: 032
55	Peter Chege , Judith Kimiywe	2016	Micronutrient and Microbial Quality Assessment of Solar Dried Amaranth (<i>Amaranthus Cruentus</i>) Leaves Produced in Kajiado County Kenya	Nutrition and Food Technology journal	ISSN 2470-6086. Open Access 3(1): doi http://dx.doi.org/10.16966/2470-6086.135
56	Samuel Msanzu, Peter Chege , Winfred Maoga	2016	Household Food Security, Dietary Practices and Nutritional Status of Preschool Children in Bahari Division, Kilifi County, Kenya	International Journal of Health Sciences and Research (IJHSR)	www.ijhsr.org. ISSN: ISSN: 2249-9571
57	Phrashiah Githinji, Peter Chege , Scolastica Githinji	2016	Nutritional Status and School Performance among Upper Primary Children in Selected Public Schools in Nairobi County, Kenya.	International Journal of Health Sciences and Research (IJHSR)	www.ijhsr.org. ISSN: ISSN: 2249-9571
58	Marieke Vossenaar, Frances A Knight, Alison Tumilowicz, Christine Hotz, Peter Chege and Elaine L Ferguson	2016	Context-specific complementary feeding recommendations developed using Optifood could improve the diets of breast-fed infants and young children from diverse livelihood groups in northern Kenya.	Public Health Nutrition	ISSN: 1475-2727 doi: 10.1017/S1368980016003116.
59	Peter Chege , Zipporah Ndungu	2016	Opportunities and limitations of using food composition tables in clinical nutrition and dietetics in Kenya.	EC Nutrition	<i>EC Nutrition</i> 5.6 (2016): 1266-1276.
60	Peter Chege , Olive Muthamia,	2016	Effects of seasonality on household food security and food consumption patterns of pastoralist's children in Kajiado County, Kenya	EC Nutrition	<i>EC Nutrition</i> 5.6 (2016): 1266-1276.
61	Peter Chege , Zipporah Ndungu	2016	Expressing breast milk; constraints among working lactating mothers in Nairobi, Kenya	International Journal of Current	<i>Vol 5, Issue 10, pp 1397-1399, October</i>

				Advanced Research	2016 journalijcar.org. ISSN: 2319 - 6475
62	Hellen Nyakundi, Beatrice Awori and Peter Chege	2016	Effectiveness of Placement Options for Learners with Hearing impairment in Kajiado North Sub-County, Kajiado County, Kenya	International Journal of Arts and Commerce	Vol. 5 No. 7. October 2016. ISSN: 1929-7106
63	Patrick Kamau, Judith Waudu and Peter Chege	2016	Relationship between Maternal Knowledge on Exclusive Breastfeeding and Breastfeeding Practices Among Mothers with Infants (0-6 Months) in Kibera Slums, Nairobi County, Kenya.	International Journal of Health Sciences and Research (IJHSR)	www.ijhsr.org. ISSN: 2249-9571 - 09/09/2016
65	Peter Chege , Zipporah Ndungu, Betty Makena	2016	Food security and nutritional status of children under-five in households affected by HIV and AIDS in Kiandutu informal settlement, Kiambu County, Kenya	Journal of Health, Population and Nutrition	ISSN 1606 0997.35:21. DOI: 10.1186/s41043-016-0058-9. Published: 22 July 2016.
65	Peter Chege , Zipporah W. Ndungu	2016	Analysis of contamination points of milk through the whole value chain process and the quality of milk products in the dairy industry	Food Quality Control (Book)	http://www.avidscience.com/book/food-quality-control/
66	Willy Kiboi, Judith Kimiywe and Peter Chege	2016	Dietary Diversity, Nutrient Intake and Nutritional Status among Pregnant Women in Laikipia County, Kenya.	International Journal of Health Sciences and Research (IJHSR)	www.ijhsr.org. ISSN: 2249-9571 - 31/03/2016
67	Elaine Ferguson, Peter Chege , Judith Kimiywe, Doris Wiesmann and Christine Hotz	2016	Zinc, iron and calcium are major limiting nutrients in the complementary diets of rural Kenyan children	Maternal and Child Nutrition Journal	ISSN 1740-8709 Article first published online: 17 JAN 2016 DOI: 10.1111/mcn.12243
68	Christine Hotz, Gretel Pelto, Margaret Armar-Klemes, Elaine F. Ferguson, Peter Chege and Enock Musinguzi	2016	Constraints and opportunities for implementing nutrition-specific, agricultural and market-based approaches to improve nutrient intake adequacy among infants and young children in two regions of rural Kenya	Maternal and Child Nutrition Journal	ISSN 1740-8709 Article first published online: 17 JAN 2016 DOI: 10.1111/mcn.12245
69	Peter Chege and Hannah Orwa Bula	2015	Effect of Generic Strategies on the Performance of Dairy Industries in Kenya. A Case of Kenya Cooperative Creameries.	International Journal of Education and Research. www.ijern.com	ISSN 2411-5681 Vol. 3 No. 12
70	Peter Chege and Hannah Orwa Bula	2015	The Effect of Market Forces on Performance of Dairy Industries in Kenya. A Case of Kenya Cooperative Creameries	European Journal of Business and Management www.iiste.org	ISSN 2222-1905 (Paper) ISSN 2222-2839 (Online) Vol.7, No.35, 2015 196
71	Peter Chege , Judith Kimiywe, Zipporah W. Ndungu	2015	Influence of culture on dietary practices of children under five years among Maasai Pastoralists in Kajiado, Kenya	International Journal of Behavioral Nutrition and Physical Activity	ISSN NO 1479-5868-7-39 2015, 12:131 doi: 10.1186/s12966-015-0284-3
72	Elaine Ferguson, Peter Chege , Judith	2015	Modification of Local Diets Could Fill Gaps in B-Vitamin Intakes but Calcium, Iron, and Zinc Intake Gaps	European Journal of Nutrition & Food Safety	473-474, 2015, Article no. EJNFS.2015.122 ISSN: 2347-5641,

	Kimiywe, Doris Weismann, Christine Hotz and Enock Musinguzi,		Require External Solutions for Breastfed Children in Rural Kenya		www.sciencedomain.org
73	Hellen Nyakundi, Beatrice Awori and Peter Chege	2015	Factors Influencing the Placement of Learners with Hearing Impairment in Learning Institutions in Kajiado North Sub-County, Kajiado County, Kenya	International Journal of Education and Research	ISSN 2411-5681 Vol. 3 No. 4, April 2015. www.ijern.com/journal/2015/April-2015/18
74	Judith Kimiywe and Peter Chege	2015	Complementary Feeding Practices and Nutritional Status of Children 6-23 Months in Kitui County, Kenya	Journal of Applied Biosciences 85:7881– 7890 (www.biosciences.elewa.org)	ISSN 1997–5902. http://dx.doi.org/10.4314/jab.v85i1.10
	Olive Muthamia, Peter Chege	2015	Determinants of Adherence to Anti-Retroviral Therapy among Adults Living with HIV in Urban Low-Income Settings: A Case of Kayole Division in Nairobi County, Kenya	International Journal of Health Sciences and Research (IJHSR)	ISSN 2249-9571 Vol. 5; Issue: 1 (January 2015). Pages: 230-239
75	Peter Chege, Elizabeth Kuria, Judith Kimiywe, Hudson Nyambaka	2015	Changes in Nutrient Content for β -Carotene, Iron and Zinc in Solar Dried and Stored <i>Amaranthus cruentus</i> Vegetables, in Kenya	International Journal of Agriculture Innovations and Research	Volume 3, Issue 3, ISSN (Online) 2319-1473
76	Peter Chege, Elizabeth Kuria, Judith Kimiywe, Hudson Nyambaka	2014	Retention of B- Carotene, Iron and Zinc in Solar Dried Amaranth Leaves in Kajiado County, Kenya	International Journal of Sciences: Basic and Applied Research (IJSBAR)	ISSN 2307-4531
77	Peter Chege, Elizabeth Kuria, Judith Kimiywe	2010	A comparative Study on Dietary Practices on Nutritional Status among Children living with HIV/AIDs in Kibera slum, Nairobi, Kenya	Journal of Applied Biosciences 32:2008-2014 www.biosciences.elewa.org	ISSN '1997-5902

1.2.2 Univeristy Level Scholarly Books

No	Author(s)	Year	Title	Book
1	Peter Chege	2018	Kenya Recipe Book	Book
2	Peter Chege	2018	Food Composition Table	Book
3	Peter Chege	2016	Baby Friendly Community Initiative Implementation Guidelines	Implementers Book
4	Christine Hotz, Peter Chege, et al.	2015	A qualitative and quantitive research approach to appropriately design integrated agriculture and nutrition interventions for rural Kenya	Methodological book

1.2.3 Patented Invention / Innovation

- Co-principal Researcher: Design of a local cotton gin by NRF Grant – Collaboration with Kirinyaga University (on going)

1.2.4 Book chapter

No	Author(s)	Year	Title	Book
1	Peter Chege, Zipporah Ndungu	2016	Analysis of contamination points of milk through the whole value chain process and the quality of milk products in the dairy industry	Food Quality Control (Book) http://www.avidscience.com/book/food-quality-control/

1.2.5 Refereed Learning Modules

No	Author(s)	Year	Title	Copy right
1	Peter Chege	2020	HCU 300: Research Methods	Copy right Kenyatta University
2	Peter Chege	2020	HFN 442: Nutrition in Emergencies	Copy right Kenyatta University
3	Peter Chege	2020	HFN 343: Entrepreneurship in Nutrition	Copy right Kenyatta University
4	Peter Chege	2019	HFN 700: Nutrition in The Lifespan	Copy right Kenyatta University
5	Peter Chege	2014	Module: HFN 404: Nutrition in Emergencies	Copy right Kenyatta University
6	Peter Chege, Judith Kimiywe	2014	Module: HCU 300: Research Methods	Copy right Kenyatta University
7	Peter Chege	2013	Module: HFN 304: Statistics	Copy right Kenyatta University
8	Peter Chege	2013	Module: HFN 401: Food Policy and Planning	Copy right Kenyatta University
9	Peter Chege	2012	Module: HFN 202N: Nutrition Assessment and Surveillance	Copy right Kenyatta University
10	Peter Chege	2012	Module: HFN 402: Food and Nutrition Security	Copy right Kenyatta University
11	Peter Chege	2012	Module: HFN 207: Nutritional Epidemiology	Copy right Kenyatta University
12	Peter Chege	2012	Module: HFN 421: Project Design, Monitoring and Evaluation	Copy right Kenyatta University
13	Peter Chege	2011	Module: HFN 703: Nutrition Assessment and Surveillance	Copy right Kenyatta University
14	Peter Chege Dorcus Mbithe	2011	Module: HFN 709: Nutrition and Food and Security and Policies	Copy right Kenyatta University
15	Peter Chege	2010	Module: HFN 714: Nutrition in Emergencies	Copy right Kenyatta University
16	Peter Chege	2010	Module: HFN 711: Statistics and Research Methods	Copy right Kenyatta University

1.2.6 Reviewed conference papers

1. 1st International Food Safety Conference (May 2019) Kenyatta University). Paper presented *Micronutrient and microbial quality assessment of solar dried amaranth (Amaranthus cruentus) leaves produced in Kajiado County Kenya*” Sponsored by KU.
2. 12th Egerton University international conference (27 – 29 March 2018, Egerton University) Paper presented *“Forms of disabilities and associated challenges among adults in Nakuru County, Kenya”*

1.2.7 Other Publications /Book

- Community Dialogue Cards Book – AVCD
- Mainstreaming Nutrition in Agricultural Programme manual - Smallholder Dairy Commercialization Programme
- Agri-nutrition Manual -NHP
- Kenya Agri-nutrition Strategy Book 2020-2025

1.2.8 Scholarly Presentations at Conference/Workshop/Seminars

No	Date	Presenter	Activity/Title of the paper	Venue/ Country	Funding source
1	March 2024	Peter Chege	The role of agri-nutrition in dietetics practice in Kenya	Thomas more, Belgium	K174 grant
2	September 2023	Peter Chege	Cash Crop Farming Among Small Scale Tea Farmers and its Contribution to Food Security of Households in Vihiga County, Kenya	Online	KU
3	April 2022	Peter Chege	Food Availability, Food Cost and Purchasing Power during the COVID 19 Pandemic: A Case of Thika Town, Kenya	International Health Promotion Conference	KU
4	December 2020	Johnson Weru, Peter Chege	“Edible insects as a substitute for conventional meat in human diet:	University of Applied Sciences Cologne, Germany	Institute for Technology and Resources Management in the Tropics and Subtropics (ITT)
5	July 2020	Peter Chege	Agri-nutrition strategy- Academia Perspective	Online	GIZ
6	May 2019	Peter Chege	Micronutrient and microbial quality assessment of solar dried amaranth (Amaranthus cruentus) leaves produced in Kajiado County Kenya	1st International Food Safety Conference- Kenyatta University	KU/GAIN
7	March 2018	Peter Chege	Forms of disabilities and associated challenges among adults in Nakuru County, Kenya	Egerton university	KU
8	November 2017	Peter Chege	Household food security and dietary diversity of children in relation to seasonality among pastoralists in Semi-arid areas: A case of Kajiado County, Kenya	KCB – Karen conference center	KAVES/ NHP - PLUS
9	November 2017	Peter Chege	Do food consumption patterns affect the link between agriculture and optimal nutrition? A case of Nairobi City County	KCB – Karen conference center	KAVES/ NHP - PLUS
10	October 2017	Peter Chege	Health and nutrition related challenges associated with people living with disabilities in Nakuru County, Kenya	Buenos Aires, Argentina	IUNS/ Kenyatta University

11	October 2017	Peter Chege	Effects of seasonality on household food security and food consumption patterns of pastoralist's children in Kajiado County, Kenya	Buneos Aires, Argentina	IUNS/ Kenyatta University
12	September 2017	Peter Chege	Culture, dietary practices and nutrition status of pastoralist children, Kenya	Shenyang, China	BIT/ Kenyatta University
13	July 2017	Peter Chege	Relationship between energy intake, physical activity level and presence of non-communicable diseases among adults in Nairobi County, Kenya	Regensburg Germany	Movement and Nutrition in Health and Disease
14	November 2016	Peter Chege	Socio-economic profile and household food security among people living with disability in Nakuru County, Kenya	Kenya School of Government Kenya	Kenyatta University
15	November 2016	Willy Kiboi/ Peter Chege	Role of Dietary Diversity in Ensuring Adequate Nutrient Intake and Nutritional Status among Pregnant Women. Findings from Laikipia County, Kenya	Kenya School of Government Kenya	Kenyatta University
16	October 2016	Peter Chege	Prevalence of dual burden of malnutrition and lifestyle diseases among adults living with disability in Nakuru county, Kenya	Marakech, Morocco	Kenyatta University
17	October 2016	Peter Chege	Drying vegetables to bridge the seasonal gap. A case of solar dried amaranth leaves in Kajiado county, Kenya	Marakech, Morocco	Kenyatta University
18	November 2015	Peter Chege	Opportunities and Limitations of Using Food Composition Tables in Clinical Nutrition and Dietetics in Kenya; Experience of Nutritionists	Hyderabad, India	Kenyatta University
19	October 2015	Peter Chege	Use of a culturally acceptable food product to bridge micronutrient intake gap among pastoralists children in Kenya, 1st Global Conference on Patient Centered Care	Kenyatta University, Nairobi Kenya	Kenyatta University
20	May 2015	Peter Chege	Adequacy of vitamin A, iron and zinc in diets consumed by pastoralist's children aged 6-59 months in arid areas of Kenya	Arusha, Tanzania	Kenyatta University
21	May 2015	Peter Chege	Expressing breast milk; opportunities and constraint among working lactating mothers in Nairobi, Kenya	Arusha, Tanzania	Kenyatta University
22	May 2015	Peter Chege	Prevalence and determinants of exclusive breast feeding in Nyeri County, Kenya	Arusha, Tanzania	Kenyatta University
23	November 2014	Peter Chege	Use of GIS in nutrition research	Dar-es-salam Tanzania	Kenyatta University
24	August 2014	Peter Chege	Nutrient gaps and recommendations for complementary feeding among children aged 6-23 months in Isiolo, Marsabit and Turkana counties, Kenya	Geneva, Switzer land	USAID

25	June 2014	Peter Chege	Influence of Maasai culture on dietary practices among children under five years in Kajiado, Kenya	Accra, Ghana	Kenyatta University
26	July 2014	Peter Chege	Determinants of the food consumption patterns of children under five years in Kajiado county	Addis Ababa – Ethiopia	Kenyatta University
27	July 2014	Christine Hotz, Elaine Furguson, Peter Chege	Modification of local diets could fill gaps in B-vitamin intakes but calcium, iron, and zinc intake gaps require external solutions for breastfed children in rural Kenya	Addis Ababa – Ethiopia	Kenyatta University
28	March 2014	Peter Chege	Household food security and dietary diversity among children in Kajiado County, Kenya	Mombasa, Kenya	Kenyatta University
29	September 2013	Peter Chege	Efficacy of dried amaranth leaves on vitamin A, iron and zinc among children under five among Maasai pastoralist in Kajiado County	Granada, Spain, 2013	Kenyatta University
30	December 2012	Peter Chege	The effect of climate change on food security	Nairobi /Kenya	Kenyatta University
31	May 2012	Peter Chege	Nutrient content of dried amaranth leaves	Nairobi /Kenya	Kenyatta University
32	February 2009	Peter Chege	A comparative study on dietary practices and nutritional status among children living with HIV/AIDs in Kibera slum, Nairobi, Kenya	Nairobi /Kenya	Kenyatta University
33	December 2009	Peter Chege	Nutrition implications of post-election violence in Rift Valley Province	UNICEF/ Nairobi, Kenya	UNICEF

1.2.12 Seminars/ workshops attendance

No	Date	Presenter/ Participant	Activity	Venue/ Country	Funding source
1	March 2024	Peter Chege	The 19th Edition of Thomas More International Days	Thomas more, Belgium	K174 grant
2	November 2019	Peter Chege	Cost of hunger report launch	KICC	MOP
3	September 2019	Peter Chege	Hazard assessment using earth observations and GIS	Kenyatta University	KU
4	July 2019	Peter Chege	Drafting Agri nutrition curriculum	Nakuru	NHP- PLUS
5	June 2019	Peter Chege	Gender mainstreaming workshop	BSSC - KU	KU
6	July 2018	Peter Chege	Workshop for revising curriculum for CRM	KUCC	KU
7	July 2018	Peter Chege	Workshop for nutrition sensitive agriculture	Naivasha	NHP-plus
8	June 2018	Peter Chege	Entrepreneurial Mindset and Innovation	Chandaria center - KU	KU
9	May 2018	Peter Chege	Applied entrepreneurship education program	Chandaria center - KU	KU
10	Jan 2017	Peter Chege	Vitamin A supplementation and deworming	Gelian hotel - Machakoes	MI/MAP

11	October 2017	Peter Chege	Training course on statistics for nutrition	Marakech, Morocco	Nutrition society
12	Sept 2016	Peter Chege	Workshop for qualitative data analysis using NVIVO	Harare - Zimbabwe	Datalyst Africa
13	January 2016	Peter Chege	Workshop for developing Food Composition Tables for Kenya	Gelian-Machakos Kenya	KARLO/UNF AO
14	December 2015	Peter Chege	Food composition table training	FAO- Kenya	KARLO
15	November 2015	Peter Chege	Biostatistics for Chemists and Nutritionists	Hyderabad, India	Kenyatta University
16	November 2015	Peter Chege	Food and data tools and their application in food and nutrition research	Hyderabad, India	Kenyatta University
17	November 2015	Peter Chege	Food biodiversity seminar	Hyderabad, India	Kenyatta University
18	October 2015	Peter Chege	Strategic management in Public Universities	Jomo Kenyatta University	Jomo Kenyatta University
19	November 2015	Peter Chege	Ethnographic and Optifood workshop on complementary feeding in ASAL Kenya (USAID / GAIN)	Nairobi University, Kenya	Kenyatta University
20	June 2015	Peter Chege	Contribution of neglected and underutilized species of plants to food security, income generation, better nutrition and climate change resilience	Nairobi University, Kenya	Kenyatta University
21	November 2014	Peter Chege	Use of GIS in nutrition survey	Dar es salaam University, Kenya	Kenyatta University
22	August 2014	Peter Chege	Use of Optifood and Propan tools	Geneva, Switzerland	Kenyatta University
23	June 2014	Peter Chege	Food and nutrition in children-department of Paediatrics	Kenyatta University	USAID
24	June 2014	Peter Chege	Training of trainers' course on use of smart board in teaching	Kenyatta University	Kenyatta University
25	September 2013	Peter Chege	Climate change, food security, disaster reduction and resilience	Nairobi University, Kenya	Kenyatta University
26	May 2013	Peter Chege	Nutritional data management	Makerere University, Uganda	Makerere University,
27	December 2012	Peter Chege	SMART for ENA methodology	United Nations	United Nations
28	May 2012	Peter Chege	Child rights and protection seminar	United Nations	United Nations
29	February 2009	Peter Chege	Human Resource Management	United Nations	United Nations
30	December 2009	Peter Chege	Positive Deviance Hearth concept	World Vision Canada	World Vision
31	April 2007	Peter Chege	Disaster preparedness, response and mitigation	World Vision Kenya	World Vision Kenya
32	Mar 2006	Peter Chege	Nutrition management in HIV	MOH, Kenya	
33	June 1998	Peter Chege	Participatory Rural Appraisal (PRA)	Egerton University	

1.2.13 Organising Conference/seminars

- Member of organising committee - 1st International Food Safety Conference – May 2019 - Kenyatta University
- Member of organising committee -Agri-nutrition conference -September 2019: Safari park Hotel
- Member of organising committee –Agri-nutrition conference held on 21st – 22nd November 2017 at KCB conference center
- Member of organising committee - World under 18 athletics championship pre-games symposium to be held on July 2017 at Kenyatta University
- Member of the organising committee for SUN Academia Network Symposium (2016) Held in Nairobi – Kenya in November, 2016
- Chairman of administration, publicity and logistics committee. Nutrition conference – Kenya School of Government November 2016
- Coopted in the organising committee for FANUS conference (2015) in Arusha – Tanzania – participated as chair and rapporteur of sessions
- Symposium convener – Nutrition symposium on nutrition gaps in Kenya – Kenyatta University Conference Center – funded by GAIN (2014). Participants from universities, ministry of health, ministry of agriculture and NGOs.
- Symposium Convener – Nutrition symposium– School of Public Health, University of Nairobi – funded by GAIN. (2014)
- Chairman of organising committee -Optifood conference-University of Nairobi (2014)
- Data analysis workshop –use of Cs pro and SPSS in data management – Kenyatta University Business Center (2013). Trainers from Canada and Uganda. Participants staff and MSC students
- Organised a workshop on Operational research as a guide to effective policy formulation and program design at national and county levels using innovative tools and methods: Sharing of Best Practices on 21st October 2014, at Silver Springs Hotel Nairobi; Funded by USAID

1.3 QUALITY TEACHING LEARNING AND MENTORSHIP

1.3.1 Training in higher education

1. October 2023 Pedagogy Skills Training
2. October 2019 Training on pedagogy and ISO 9001:2015
3. June 2019 Gender mainstreaming training
4. June 2018 Applied Entrepreneurship Education Programme
5. January 2018 Staff mentor training seminar

1.3.2 Supervision of Post Graduate Students

Complete supervision of 3 PhD studentt and 46 Msc Students a Senior Lecturer

1.3.2 Ongoing Supervision

1.3.2.1 Ongoing PhD Supervision

1. Mucheru Patrick Kamau (H87/38941/2016). Efficacy of probiotic yoghurt fortified with purple-leaf tea on gut microbiota and lipid profile
2. Rachel Kavisa Kavithe (H87/26314/2019). Effect of community-based caregiver nutrition education on enhanced complementary feeding, nutrition status and developmental milestones of HIV-exposed non-infected children, 6-23 months in Homabay, Kenya
3. Mafuko Barigira Justin (H87F/26171/2019). Effectiveness of couple versus maternal nutritional counseling on dietary practices of pregnant women and pregnancy outcome in Goma Town, Dr Congo
4. Kieti Immaculate Nzila (SHNY/04601P/2019). Effectiveness of baobab-pearl millet blend on bone mineral density of women aged 40-65 years in Kitui County, Kenya

5. Emily Mukami Wahome (H87/37446/2021). Effectiveness of individualized and group diabetes nutrition education on dietary practices, nutrition status and glucose control. A randomized controlled trial in Kiambu County Kenya.

1.3.2.2 Ongoing Masters Supervision

1. Mboya Mung'ombe Elizabeth (H60/CTY/PT/25422/2018). Socio-Demographic, Competency Knowledge and Performance Pattern Model of Clinical Nutrition Interns in Kenya
2. Halima Ahmed Osman (H60/CTY/PT/27537/2018). Consumption of herbs, morbidity and nutrition status among women in Nairobi City County, Kenya
3. Jemimah Njeri Wawire (H60/CTY/PT/28562/2018). Nutrition status, blood pressure levels and the associated risks for hypertension among staff working in selected banks in Nairobi City County, Kenya
4. Michelle Imbuhila (H60/CTY/PT/26313/2019). Nutrition knowledge and practices among participant and non-participant mothers of baby friendly community initiative in informal settlements in Nairobi, Kenya
5. Jean Bosco Mpawenayo (H60EA/21057/2020). Food production, dietary intake, nutrition status and nutrient gaps in the diets of children under five in the Imbo Region of Burundi
6. Emily Chao Mkungo (H60/CTY/PT/2689/2018). Consumption of fortified foods and associated determinants Among children aged 6-59 months in Isiolo Central, Isiolo County, Kenya
7. Nasra Hussein Abdi (H60/CTY/PT/24244/2018). Nutritional status and mental health of the elderly at free elderly residential care facilities in Nairobi County, Kenya

1.3.3 Completed Supervision of Post Graduate Students

1.3.3.1 PhD Supervision complete

1. Johnson Weru Ndung'u (AGF421/2487/18). Modelling the nutritional value of insects as a substitute for conventional meat in Kenya (Jomo Kenyatta University of Agriculture and Technology (Graduated December 2022)
2. Willy K. Kiboi (H87/37658/16). Impact of Maternal Diet on Breast Milk Composition and Infant (0-6 Months) Nutritional Status: A Randomized Controlled Trial in Laikipia County, Kenya (Graduated December 2020)
3. Jamleck Michemi Muthuuri – (PHD/2015/21852). The effect of nutrition on the growth of lumbar spinal canal (Graduated August 2019)

1.3.3.1 Masters Supervision complete

1. Sheillah Naserian Nkoitai. GMND/M/0793/05/21. Caregivers Nutritional Knowledge, Dietary Practices and Nutritional Status of Children Attending Narok County Referral Hospital, Kenya (Graduated December 2024) Published.
2. Sahara Ibrahim Adan. GMND/M/0628/05/21. Dietary Practices, Iron Folic Acid Supplementation and Iron Status of Pregnant Women Attending Antenatal Clinic at Narok County Referral Hospital, Kenya
3. Faith Jerono Kimutai. GMND/M/2308/09/16. Predictors Associated with Double Burden of Malnutrition Among Child-Mother Pair in Kericho County, Kenya.
4. Juliet Walukana. H60/CE/28303/2015. Maternal Knowledge, Attitude and Utilization of Nutrition Information in the Mother and Child Health Handbook in Bungoma County, Kenya. (graduated December 2024) published
5. Maina Annastacia Waithera. H60/23049/2011 - Feeding Practices and Nutrition Status of Infants with Orofacial Clefts Attending Kijabe and Cure Hospitals, Kiambu County, Kenya. (graduated December 2024) published

6. Maureen Karimi Muketha (H60/CTY/PT/26898/2019). Adherence to dietary recommendations in the management of type 2 diabetic patients attending diabetic clinic at Nyahururu County Referral Hospital, Kenya. (graduated July 2024) published
7. Joyline J. Rotich. H60/CTY/PT/37819/2016. Assessment of infant and young child feeding and nutritional status of children 0-23 months among Ilchamus pastoralists in Baringo County, Kenya. (graduated July 2024) published.
8. Jacinta Njambi Wambugu. GMND/M/0052/01/20. Determinants of non-compliance to iron and folic acid supplementation among pregnant women attending antenatal clinic in Nakuru North Sub-County-Kenya (graduated December 2023) published
9. Mati Christine Mwendu (H60/CTY/PT/28337/2018). Lactating mothers' knowledge, attitude and acceptability of human breast milk BANKING AT Pumwani Maternity Hospital, Nairobi City County, Kenya (graduated December 2023) published
10. Dominic Kiprotich (GMND/M/0228/01/18). Knowledge, dietary practice and nutrition status of type 2 diabetic patients attending Nakuru Level Five Hospital, Kenya. (Graduated December 2022)
11. Chepkemai Nourine Yegon (GMND/M/3148/09/18). Determinants of nutrition status among patients with pulmonary tuberculosis at Kericho County Referral Hospital, Kenya. (Graduated December 2022) published MSC
12. Onchwari Callen Kerubo (H60/CE/34132/2017). Household food security and nutrition status of children 6-59 months among smallholder tea farmers in Vihiga County, Kenya (Graduated December 2022) published MSC
13. Janice Gatakaa Gitari (H60/25212/2011) Effect of Agricultural Commercialization, Household Food Security and Nutrition Status of Children Age 6-59 Months in Tharaka-Nithi County, Kenya (Graduated July 2022) published MSC
14. Kimondo Elizabeth Wambui (H60/CTY/PT/29439/2014). Household food security, morbidity and nutritional status of adult females with tungiasis in Muranga County, Kenya (Graduated July 2022)
15. Mary Ndanu Kyalo (H60/CTY/PT/33575/2015) Predictors of nutrition status among adolescent students in public day secondary schools in Machakos County, Kenya (Graduated July 2022) published MSC
16. Joseph Aruasi (H60/Cty/Pt/37354/16): Influence of Dietary Diversity and Intake on the Nutrition Status of Children (6-59 Months) in Nambale Rural, Busia County, Kenya (Graduated December 2021) published MSC
17. Lennah Nyatich Nyakundi (H60/CTY/PT/22571/2012): Maternal socio-economic status, complementary feeding practices and nutrition status of children 6-23 months of age in Migori County, Kenya. (Graduated December 2020) published MSC
18. Sarah Kwamboka Oteri (H60/CE/24085/2012). Complementary feeding practices and nutrition status of children of mother-to-mother support groups participants and non-participants in Kakuma, Turkana County, Kenya. (Graduated December 2020) published MSC
19. Grace Wairimu Waweru (Reg No: H60/CTY/PT/26953/13). Knowledge, Attitudes and Dietary Practices Related to Pre-Conception Nutrition among Female Students at Kenyatta University, Kenya (December, 2019) published MSC
20. Tabitha Atafache Yusuf (T129F/39087/2016): Hygienic Food Handling Practices among Street Food Vendors and Customers' Perception on Food Safety in Nasarawa State, Nigeria published MSC
21. Rebecca Cherono (H60/28164/2014): Dietary Practices, Body Image and Nutrition Status of Postpartum Women in Kasarani Sub-County, Nairobi County, Kenya. (December, 2019) published MSC
22. Mohamed Khalif Abdirahman (H60/CE/24083/2012): Nutrition knowledge, dietary practices and nutrition status of pregnant adolescents in Mandera East sub-county, Madera County Kenya. (July, 2019) published MSC

23. Munene Kainda Fridah (H60/33059/2015). Contribution of breakfast consumption to total nutrient intake and nutritional status of adolescents aged 13-18 years in Thika, Kiambu County, Kenya (July, 2019) published MSC
24. Silas Tumpeine: (H60/CE/22678/2011): Dietary intake, morbidity patterns and nutrition status among adult patients living with HIV and AIDS attending Narok county referral hospital, Kenya (July, 2019) published MSC
25. Mugambi Terry Kathomi (H60/26955/2013) Diet Management, Physical Activity and Blood Glucose control of type 2 Diabetic Patients attending Meru General Hospital, Kenya (July 2019)
26. Ondiek Felix Odhiambo (H60/28766/20130). Nutritional and sensory attributes of porridge flour formulated with maize and oyster mushrooms for complimentary feeding in Kenya (December, 2018) published MSC
27. Mendia Agnes Wangari (H60/CE/25205/2011) Dietary Practices, Morbidity patterns and Nutritional status of adult TB patients (18-55) attending Nyeri County Referral Hospital, Kenya. (December, 2018) and published MSC
28. Burhaan Bakari Moyo (H60/23532/2011). Childcare practices, morbidity patterns and nutritional status of pre-school children (24-59 months) living in orphanages in Kwale County, Kenya (December, 2018) published MSC
29. Eva Kahuro (H60/CTY/PT/21270/2012). Dietary Practices, Morbidity Patterns and Nutritional Status of Lactating Mothers among Pastoralist Communities in Isiolo County, Kenya. (December, 2018) published MSC
30. Mbinjiwe Jane Gatwiri (H60/CE/24381/2010). Physical activity, Dietary Practices and Nutritional status of Hypertensive patients attending Kiambu district hospital, Kiambu County, Kenya. (December, 2017) and published MSC
31. Andare Naureen (H60/CTY/PT/25564/20111). Determinants of Infant Feeding Practices Among Mothers Living with HIV Attending PMTCT Clinic at Kiambu District Hospital, Kiambu Kenya County (July, 2017)
32. Nicoleta Muthoni Mwaniki (H60/CE/26454/2011). Dietary Diversity, Dietary Iron Intake and Iron Status among Pregnant Women in Embu County Kenya. (July, 2017)
33. Samuel C. Msanzu (H60/22717/2012). Household Food Security and Nutritional Status of Children Aged 6-59 Months in Bahari Division, Kilifi County, Kenya (July, 2017) and published MSC work)
34. Phrasiah Githinji (Q57/CTY/PT/24151/2013). Dietary Practices, Nutritional Status and School Performance among children aged 13-15 years in selected Nairobi County Primary schools, Kenya (July, 2017) and published MSC work)
35. Patrick Kamau Mucheru (H60/CTY/PT/22412/2012). Sources and Content of Maternal Knowledge on Exclusive Breastfeeding Practices among Mothers with Infants (0-6 months) in Kibera slums, Nairobi. Submitted Thesis for examination (December 2016)
36. Willy Kahanya Kiboi (H60/27145/2013). Dietary Diversity, Nutrient Intake and Nutritional Status among Pregnant Women in Laikipia County, Kenya. (July, 2016) and published MSC work
37. Nyamunsi Naom Mokono (H60/109900/2007). Food security status, dietary practices and nutritional status of people living with HIV and AIDS in Homabay town, Kenya. Graduated (December, 2015) and paper accepted for publication
38. Hellen K. N. Nyakundi (E55/22866/2011). Effectiveness of assessment and placement of learners with hearing impairment in learning institutions in Kajiado North District, Kajiado County, Kenya. Graduated (July, 2015) and published MSC work

1.4. PROFESSIONAL/CONSULTANCY

1.4.1 Networks and collaborations

- Thomas More – COIL project for 3 Universities in 3 countries

- FAO/UNICEF for IPC program
- JUDGE/JURY – Bayer East Africa competition
- Collaboration with FHI 360 for development of Agri-nutrition curriculum
- Collaboration with SDCP technical working group on nutrition sensitive agriculture and to undertake survey on streamlining to small dairy project a
- Collaboration with KOFORIDUA technical University as lecturer for PhD program
- Collaboration with MOH-Member of micronutrient Technical Working Group
- Collaboration with Ministry of Planning-launch of Cost of Hunger report
- Collaboration with Ministry of Tourism-Member of resilience and crisis management project team
- Collaboration with NHP plus-in value chain Analysis and development report
- Vitamin Angels – TOT – delivery of services for Vitamin A supplementation and deworming
- REGAL- IR Research– Principle researcher -GAIN/USAID project
- Ministry of Agriculture – Nutrition Expert - Small Holder Dairy Commercialization Programme (SDCP)
- Nairobi City Council – County Health Services – Malezi Bora Activities
- Kenya Agricultural & Livestock Research Organization (KALRO) – Academia Representative- Review of Food Composition Tables

1.4.2 Editorial Boards/ Referee for Professional Periodicals

- Invitation to review Manuscript-Journal of Nutrition and Dietetics
- Invitation to review Manuscript-Journal of Medicine and Clinical Science
- Invitation to review manuscript-BMC Nutrition

1.4.3 Appointment to national, regional or International Boards as consultant

1. Consultant - ILRI to undertake M&E for AVCD ending project

1.4.4 Consulting for external academic/ professional Organizations/ Institutions

Date	Position/ Type of research	Duties
May 2024 - ongoing	Academia Representative for KNCDF	Development of Kenya Nutrition Capacity Development Framework (2023-2027)
June- July 2024	Consultant	Barrier analysis for feeding practices, health seeking behavior and water hygiene and sanitation in Isiolo and Marsabit Counties
May 2024	Consultant	Assessment of the impact of conditional cash transfers in addressing acute Malnutrition Isiolo and Marsabit Counties
June – October 2023	Consultant	Situation Analyses in Marsabit, Isiolo, Samburu, Meru and Laikipia Counties
March-April 2023	Consultant	Consultancy for Endline Evaluation DERF Project in Samburu Turkana and Marsabit counties

July -Sept 2022	Team Leader Midterm review - AFDB nutrition Project	Mid-Term Review of the Multi-Sectoral Nutrition Action Plan (MNAP) 2018-2025
March 2022-February 2023	Principal Investigator KU/AAH/UNICEF Project South Sudan	Assessment of effectiveness of GBV risk mitigation interventions in nutrition services of South Sudan • Needs assessment • Intervention • Post-intervention survey
May 2020	Member- Team of Experts Program impact Evaluation WFP	The impact of Government's Home-Grown School Meals Programme (HGSM) by supporting farmers, farmer organizations (FOs) and local traders to produce and provide sufficient food for the ongoing school feeding activities in the three targeted counties from September 2017-March 2020. (Turkana, Baringo, West Pokot)
July 2018	Nutrition consultant SDCP/USAID	Mainstreaming nutrition into the existing dairy project Monitoring and evaluation of the SDCP project
May 2018	Nutrition consultant SDCP/ USAID	Needs Assessment in the project implementation areas
March 2018	Lead Consultant ILRI AVCD project	Assessing the impact of nutrition related activities in AVCD project areas ➤ Training field teams ➤ Data collection supervision ➤ Data analysis /Report writing ➤ Presentation of findings
May 2015-2016	Principal Investigator VC grant project	➤ Planning for the survey ➤ Training field teams ➤ Data collection supervision ➤ Data analysis /Report writing ➤ Presentation of findings
July 2013-2015	Principal Investigator GAIN Project	➤ Planning for the survey (FES and OPTIFOOD methodology) in Isiolo Marsabit and Turkana counties
June 2012	Co - investigator GAIN	➤ Planning for the project (FES and OPTIFOOD methodology) in Vihiga and Kitui counties ➤ Training field teams ➤ Data collection supervision ➤ Data analysis /Report writing ➤ Presentation of findings
May 2012	Co - investigator GAIN	➤ Planning for the needs assessment in Vihiga and Kitui counties ➤ Training field teams ➤ Data collection supervision ➤ Data analysis /Report writing ➤ Presentation of findings
April 2012	Consultant Save the Children UK	➤ Planning for the survey (SMART) in Mandera county ➤ Undertaking survey ➤ Data analysis ➤ Report writing ➤ Presentation of findings
2011	Consultant (Saman) MERCY USA	➤ Planning for the survey (SMART) in Garissa county ➤ Undertaking survey ➤ Data analysis ➤ Report writing ➤ Presentation of findings
2008	Consultant Kenyatta University	➤ Planning for the survey (SMART) in Kajiado county ➤ Undertaking survey,

		➤ Data analysis ➤ Report writing ➤ Presentation of findings
2008	Consultant Compassion International	➤ Undertaking nutrition survey, ➤ Data analysis (SPSS & Epi info) ➤ Report writing
2008	Coordinator; End of Project Evaluation, UNICEF	➤ Impact evaluation of post-election violence nutrition interventions
2008	Survey Coordinator –Post election violence in Kenya by UNICEF	➤ Conducting a nutrition survey in Rift Valley province
July 2008	Consultant Needs assessment - Turkana	➤ Planning needs assessment exercise ➤ Data collection ➤ Data analyses ➤ Reporting
April/ May 2007	Survey Coordinator –Turkana District Food security and nutrition survey UNICEF/WVK/OXFAM	➤ Coordination of all the survey activities in the survey in Turkana district ➤ Data analysis and report writing
2007	Nutritionist/ Team leader CTC roll out team Thiet - Tonj – Southern Sudan Valid International/ WVK Canada	➤ Nutrition assessment ➤ Roll out of CTC nutrition program ➤ Community mobilization ➤ Incorporation of CTC within PHC activities ➤ Monitoring the CTC
2007	Principle Investigator Impact Assessment World Vision Kenya	➤ Impact assessment for a nutrition intervention (SQUEAC) ➤ Baseline assessment ➤ Nutrition intervention (SFP and OTP) ➤ Data analyses ➤ Report writing ➤ Presentation of findings
December 2006	Survey Coordinator –Turkana District Assessment of IYCF UNICEF/WVK-Hong Kong /GOK	➤ Coordination of all the survey activities in the assessment in Turkana district
January - Feb 2006	Consultant Food security and nutrition survey Central Province - CKDAP/UNOPS/GOK	➤ Conducting a nutrition survey ➤ Data analysis and report writing
2003	Assistant Consultant National Food Consumption Survey - UNICEF	➤ Data collection on vehicle determination for vitamin A Supplementation
2003	Assistant Consultant Nutrition and HIV/AIDS research. Nutrition Third World Project - USA Thika & Bungoma Districts	➤ Proposal writing ➤ Nutrition survey ➤ Data analysis ➤ Report writing ➤ Results dissemination

1.4.5 Membership to Academic/Professional Bodies

- The Kenya Nutrition and Dietetics Institute (KNDI)
- Member of African Nutrition Society (ANS)
- Member of Kenya Association of Food Safety and Protection (KAFSAP)

1.4.6 External Examiners (Current)

1. External Examiner – Chuka University (2024 – to date)
2. External Examiner – Kisii University (2023 – to date)

1.4.7 External Examiners (Previous)

1. External Examiner – Mount Kenya University (2021-2024)
2. External Examiner – Jomo Kenyatta university of Agriculture & Technology (2021-2024)

1.5. ADMINISTRATIVE AND RESPONSIBILITIES

1.5.1 Recognized University administrative positions

- VC Appointments
 - Board Member – Catering services Board - Kenyatta University - August 2024 to date
 - Senate Representative – Student Disciplinary Committee - November 2022- to date
 - Chairman of Department- Food, Nutrition and Dietetics - August 2021 - to date
 - School E-learning Coordinator-January 2019 to August 2021
- Appointment in University Committee
 - Member of Deans Research Grant Committee - November 2019 to date
 - Member of School Board of Postgraduate Studies Committee -October 2018 to August 2021
 - Kenyatta Univeristy Model Home Committee - 2012 -2015

1.5.2 Other responsibilities in the University

- Departmental disability mainstreaming champion –December 2020
- Staff mentor –December 2019
- Committee member of Centre for excellence for Nutritional Sciences -October 2019
- Departmental postgraduate Coordinator-September 2018-to date
- Member of conference organizing committee- for the international food safety conference – May 2019
- Departmental teaching timetable and sequencing of units' coordinator -January 2018 to date
- Acting in administrative positions
 - Acting Chairman Department of Food, Nutrition and Dietetics
 - 9th -13th March 2020
 - 29th July 2019 -6th September 2019
 - 3rd-21st June 2019
 - 28th May-8th June 2018
- Departmental Strategic Plan Committee -October, 2017 – to date
- Committee Member (Quality Management System) FND Feb 2015 – to date
- Committee Member (Innovation and Outreach Activities) April 2015 – 2018
- Departmental representative to COEP (FND) November 2010 - 2018
- Departmental E- learning Coordinator (FND) October 2013 - to date
- Departmental Website Coordinator October 2013 - 2018
- Year One Class Advisor- October 2013 – 2018
- Departmental ODEL Coordinator -Oct 2013 – June 2015
- Departmental Exam Coordinator -March – May 2013
- Committee member – Curuculum Development Committee – Department of Food, Nutriton and Dietetics, Kenyatta University

1.6. COMMUNITY ENGAGEMENTS AND OTHER CONTRIBUTIONS

1.6.1 Research grants

1.6.1.1 Funded research grants

1. **Guest speaker:** Participation in International days - Thomas More- Geel, Belgium - K174 Erasmus grant (127,500 Euro) – (16 March – 23th March 2024)
2. **Principal Researcher:** Assessment of effectiveness of Gender Based Violence (GBV) risk mitigation interventions in nutrition services of South Sudan. Funded by UNICEF/ACF /2022 (phase 1 budget =132,189 USD) (2022 – 2024)
3. **Co-principal Researcher:** Technology transfer and innovations in local textile and apparel production funded by NRF Grant – Collaboration with Kirinyaga University (19,830,000) (2019 – 2022)
4. **Co-principal Researcher:** Impact of Maternal Diet on Breast Milk Composition and Infant (0-6 Months) Nutritional Status: A Randomized Controlled Trial in Laikipia County, Kenya (for a KU PhD student research funding) funded by NRF grant (800,000 KES) (2018 – 2020)
5. **Co-principal Researcher:** Edible Insects as a Substitute for Conventional Meat in Human Diet: An Application of Nutritional Profiling Models (for a JKUAT PhD student research funding) funded by DAAD grant (15,662 EUR) (2017 – 2020)
6. **Co-principal Researcher:** Mbinjiwe Jane Gatwiri (H60/CE/24381/2010). Physical activity, Dietary Practices and Nutritional status of Hypertensive patients attending Kiambu district hospital, Kiambu County, Kenya. (for a KU MSC student research funding) funded by AFRICA -ai-JAPAN Project grant (200,000 KES) (2016 – 2018)
7. **Travel grant:** to attend the international nutrition conference as a panelist at Buenos Aires, Argentina (3,000 USD) (2017)
8. **Principal Researcher:** Prevalence and determinants of the dual burden of malnutrition and lifestyle diseases among people living with disability in Nakuru County, Kenya funded by KU/VC grant/2015 (1,500,000) (2015 – 2016)
9. **Module writer:** Use of food composition table in food and nutrition funded by EDULINK (1,250 €) (2014)
10. **Module writer:** Data base on diets of different populations during life cycle funded by EDULINK (2,000 €) (2014)
11. **Principal Researcher:** Resilience and economic growth in the arid lands (REGAL-IR) project –improving nutritional resilience in Kenya’s arid and semi-arid lands (ASALS) funded by USAID/REGAL IR/ GAIN (483,423 US\$) (2013 – 2015)
12. **Co-principal Researcher:** Enhancement of the nutritional content of complementary foods through agricultural interventions in rural Kenya Funded by USAID/GAIN (313,498US\$) (2012 -2013)

1.6.1.2 Web pages for funded research grants

http://www.ku.ac.ke/images/2022/rio_newsletter_july_2022.pdf
<https://2012-2017.usaid.gov/sites/default/files/documents/1860/REGAL%20IR.pdf>
http://research.ku.ac.ke/images/docs/2013_updated_Grants.pdf
http://research.ku.ac.ke/images/docs/2012_grants.pdf
<https://sbe.kyu.ac.ke/research/ongoing-research>

1.6.2 Community service and other outreach

- **Appointment to Boards**
 - Member of Board of Management –Njiiri High School, Murang’a (April 2025 – to date)

- Chairman of Board of Management -Theri Secondary School, Murang'a (Feb 2023 – Feb 2025)
- Member of Board of Management-Theri Secondary School, Murang'a (Feb 2021 – Feb 2023)
- Member of Board of Management - Kaganda Secondary School, Murang'a (Feb 2021 – Feb 2023)
- Member of Board of Management - Kaganda Secondary School, Murang'a (Feb 2019 – Feb 2021).
- **Community service**
 - Member of Murang'a Team of Experts- Rehabilitation of drukands in Kahuro – Murang'a County
 - Partipation in a medical camp at Zimmerman– Organised by DCIK
 - Partipation in a medical camp at Maragwa – Organised by COEP -KU
 - Member of Thengeini sub-location developmernt commitee
 - Chairman of the free rural electrification and GPOBA projects – Muranga County.
 - Participation in local radio stations - giving talks in nutrition - sponsored by GAIN
 - July 2006 - Dec 2014 Chairman - Green Zone Estate Membley Park Estate, Ruiru
 - Consulted by Stanadrd News paper to make a write up on breast feeding among working mothers in Kenya–September 26th 2013
 - Participated in Couseling program for the former drunkards in Muranga County
 - Partipation in a medical camp at Githurai – Organised by COEP- Kenyatta univeristy
 - Participated in a hygiene program to eradicate jiggers campain in Muranga county
 - Nutrition talk – Aglican Churches of Kenya

1.6.3 Profesional affiliation

- The Kenya Nutrition and Dieticis Institute (KNDI)
- Member of African Nutrition Society (ANS)
- Kenya Association of Food Safety and Protection (KAFSAP)
- Kenyatta University Nutrition Club
- Member of Kenya Coalition of action for Nutritionsist (KCAN)
- Member of Nutrrion Society UK (NS)

1.6.4 Recognition Awards and honours

- FANUS Arusha conference – award for presentation of three academic papers in one conference
- Best research of the year – Principle Reseacher - a research that brought 50 million KES (483,423 US\$) to Kenyatta University
- The winner of the United Kingdom Nutritin Society Competition.
- First Kenyan to train in optifood in WHO Geneva, Switzerland
- Department of Food, Nutrition and Dietetics – recognition for writing 8 academic modules
- An ward for a winning write up on environmenta and wildlife conservation in Kenya at Girrafe center
- An award for active participation in mitigating the effect of post election violence by UNICEF
- 27th May 2017 Guest speaker – Price Giving day – Kaganda Secondary School

- 20th June 2016 motivational speaker – Teacher’s retreat – Kahatia Seconadry School
- 29th December 2015 Guest Speaker – International Church Conference – Deliverance Church
- 4th October 2015 Guest speaker – Anglican secondary and primary schools, education sunady – ACK Kiriko Parish. Diocese of Mount Kenya Central.
- 4th October 2013 Guest speaker – Anglican secondary and primary schools, education Sunday – ACK Njii-Ithatu Parish. Diocese of Mount Kenya Central.
- 5th February 2014 - Motivational speaker – Egerton University
- 12th januray 2012: Egerton University – speaking to students
- 12th januray 2012: Kaganda Secondary School – speaking on topic ‘*You can be what you dream to be*’

1.6.5 Motivational speaker/guest speaker/adjudicator/development of external programs

1. Chief Guest and speaker- Theri secondary – Opening of multipurpose hall
2. Motivational speaker – Youth conference -Full Gospel Churches of Kenya
3. Guest speaker – Agrinutrition validation workshop
4. Judge/Jury – Bayer East Africa competation
5. Chief Guest and speaker- Theri secondary prize giving day
6. Participated in developemnt of PhD program in nutrition Kabarak Univerysty
7. Participated in developemnt of MSC program in Nutrition Mount Kenya Univerysty

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