

Dr. Peter Munyao Kithuka PhD CV

1.0 BIODATA

Name: Peter Munyao Kithuka

2.0 CORE COMPETENCIES

As a leading strategist, I have mastery of skills in the following areas:

- Corporate Strategic Planning
- Policy development
- Monitoring and Evaluation
- Quality Management Policy and Strategy
- ICT Strategy and Policy development
- Knowledge Management Policy and Strategy
- HR Policy and Strategy
- Culture Auditing
- Skills Auditing
- Training Needs Assessment
- Health Systems Governance and Leadership
- Project Management Consultancy

3.0 ACADEMIC AND PROFESSIONAL QUALIFICATIONS

- PhD (Health Systems Management), Kenyatta University
- MSc (Health Systems Management), Kenya Methodist University
- BA (Business and Economics), Kenyatta University
- Diploma in Health Systems Management, Galilee College, Israel
- Kenya Advanced Certificate of Education
- Kenya Certificate of Education

4.0 EMPLOYMENT HISTORY

- 2011 to date Lecturer, Kenyatta University
- 2010-2011 Assistant Lecturer, Kenya Methodist University
- 2005-2008 Hospital Administrator, Garissa Provincial General Hospital
- 2004-2005 Hospital Administrator, Mbagathi Hospital
- 2003-2004 Program Administrator, Kenya Expanded Program on Immunization
- 2001-2003 Hospital Administrator, Thika District Hospital
- 1998-2001 Hospital Administrator, Mathari Hospital
- 1995-1997 District Health Administrator, Kwale District
- 1993-1995 Health Administrator, Coast Provincial General Hospital

5.0 CONSULTANCY ASSIGNMENTS

- 2025, Team Lead, Development of Key Hospital Policies for Machakos Level 5 Hospital
- 2024, Technical Lead, Development of KPIs and alignment with the Strategic Goals of Pharmacy and Poisons Board (PPB)
- 2024, Co-Facilitator, Development of Corporate Strategic Plan for Office of the Director of Public Prosecutions (ODPP)
- 2023, Consultant, Alignment of Corporate Strategic Plan to Bottom- up Economic Transformation Agenda (BETA) and MTP 4 for Kenya Civil Aviation Authority (KCAA)
- 2023, Consultant, ICT Policy and Strategy Development
Client: UNES/Kenya Civil Aviation Authority
- 2022, Consultant, Corporate Strategic Plan Development
Client: Kenya Civil Aviation Authority
- 2020- Consultant, Knowledge Management Strategy and Policy
Client: UNES
- 2019- Consultant, Knowledge Management Strategy and Policy
Client: Kenya Electricity Transmission Company
- 2019- Consultant, Knowledge Management policy and Strategy
Client: Kenya Medical Research Institute (KEMRI)
- 2018, Consultant, Strategic Planning Facilitation
Client: St. Francis Hospital, Nairobi
- 2017, Consultant, Strategic Plan Facilitation
Client: Mathari National Teaching and Referral Hospital
- 2016, Consultant, Strategic Plan Facilitation
Client: West Pokot County Department of Health
- 2016, Consultant, Strategic Plan Facilitation
Client: Nyamira County Department of Health
- 2011-2014, Facilitator, Short courses on Planning, Monitoring and Evaluation for non-governmental organizations
Client: AMREF
- 2014, Consultant, impact evaluation for the management course offered at Kilimanjaro College of Ophthalmology (KCCO) in

Tanzania

Client: Fred Hollows Foundation

- 2014, Lead Consultant, situation analysis on continuing professional development among ophthalmologists and middle level eye care workers
Client: Eastern Africa College of Ophthalmologists (EACO)
- 2014, Consultant, Review of Health Information Policy and Strategic Plan in view of changes in the operating environment in Kenya Client: ABT Associates/USAID
- 2014, Consultant, Strategic Plan development, Savannah Health Services Ltd
Client: Savannah Health Services
- 2013, Lead Consultant, situation analysis to determine the status of sub-specialty training and service delivery within Eastern Africa and development of a regional sub-specialty strategy
Client: Eastern Africa College of Ophthalmologists (EACO)
- 2013-2014, Consultant, Child Eye Health Strategy for the College of Ophthalmologists in Eastern, Central and Southern Africa (COECSA)
Client: COECSA
- 2013, Consultant, assessment to determine data demand and information use among private and public health data producers and users with a view to producing information that would be used to develop an integrated national health information system and build capacity of personnel handling and using data for evidence- based decision making
Client: ABT Associates/USAID
- 2012, Lead Facilitator, Strategic Planning for faith-based organizations in Nigeria
Client: Catholic Relief Services
- 2012, Lead Facilitator, ISO quality Management systems implementation
Client: Mission for Essential Drugs & Supplies (MEDS)
- 2012, Consultant, Impact Evaluation for the Big Picture Digital Journalism
Client: Internews Europe
- 2011-2012, Lead facilitator, strategic and operational planning, healthcare governance for health managers
Client: AMREF
- 2010, Lead Facilitator, Health Planning for County Health Managers, Nyamlel, South Sudan Client: AMREF2009,
- Lead Facilitator, Planning for County Health Managers, Juba, South Sudan
Client: Norwegian Peoples Aid
- 2005, Facilitation of Revenue Enhancement Strategy, Training Needs Assessment, Strategic Planning and Quality Management for District Health Management Teams Client: DANIDA

6.0 SUPERVISION WORKS

No	Year	Name of Student	Level	Research Topic	University	Other Supervisors
1.	2025	Jeremiah Mwendwa Mumo	PhD	Utilization of Data Visualization Tools to Inform Decision-Making Among Health Managers in Selected Counties, In Kenya	Kenyatta University	Dr Joyce Kirui
2.	2025	Bernard Maracha Wambu	PhD	Effectiveness of Socio-Economic-Demographic Factors On Utilization of Routine Health Information Among Hospital Management Teams in Tier-Three Hospitals in Kiambu County, Kenya	Kenyatta University	Dr. Kenneth Rucha Kibaara
3.	2024	Wango'mbe Muthoni Irene Thuo	Masters	Patients' Rights Charter Adoption Among Healthcare Professionals In Mbagathi Hospital, Nairobi City County, Kenya	Kenyatta University	Dr. Kenneth Rucha Kibaara
4.	2022	Kharim Mwebaza Muluya	PhD	Incentives for Mothers, Health Workers and "Boda-Boda" Riders to Improve Community-Based Referral Process and Deliveries in The Rural Community: A Case of Busoga Region in Uganda	Kenyatta University	Dr. Kenneth Rucha Kibaara
5.	2022	Philip Liamngee Tarkumbur	Masters	Analysis Of The Satisfaction Of Women With The Quality Of Maternal Health Services At The Federal Medical	Kenyatta University	Dr. Kenneth Rucha Kibaara

				Centre, Makurdi, Benue State, Nigeria		
6.	2021	Salim Ali Hussein	Masters	Management of Diabetes Mellitus at The Household Level Using Community Health Strategy in Embu County, Kenya	Kenyatta University	Dr. George Otieno
7.	2021	Solomon Kemoi Cheboi	PhD	Impact Of Cultural Competence Intervention On Satisfaction With Maternity Services Among Women Of Reproductive Age In Rural Kenya	Kenyatta University	Dr. Kenneth Kibaara Rucha
8.	2021	Jane W. Njenga	Masters	Women Satisfaction With Maternal Health Services in Murang'a County Referral Hospital, Kenya.	Kenyatta University	Dr. Onditi Maurice Kodhiambo, Dr. Eliphaz Gitonga
9.	2021	Mohamed Asafa Aila	Masters	Use Of Routine Health Information For Decision Making Among Health Care Workers In Marsabit County, Kenya	Kenyatta University	--
10.	2020	David Gangu Muwanguzi	PhD	Challenges Faced By Health Unit Management Committees In Rendering Health Services To Communities In East-Central Uganda	Kenyatta University	Dr. Otieno George Ochieng, Dr. Kenneth Rucha Kibaara, Prof. John Francis Mugisha

11.	2019	Gilbert Koome Rithaa	Masters	Evaluation Of Technical Efficiency Of County Referral Hospitals In Kenya And Its Determinants	Kenyatta University	Dr. George Kosimbei, Dr. Andrew Yitambe
12.	2019	Fred Wangila Nyangori	Masters	Job Satisfaction Among Health-Care Professionals in Selected Public Hospitals in Trans-Nzoia County, Kenya	Kenyatta University	Dr. Kenneth Rucha Kibaara
13.	2017	Geoffrey Marika O.	Masters	Effects Of The Hospital Referral System On Referral Patients At Kenyatta National Hospital	Moi University	Prof. Joseph Rotich
14.	2017	Kingori Ndungu	Masters	Capacity of Health Systems to Respond to The Health Concerns of Men Who Have Sex with Men in Nairobi	Moi University	Dr. Lucy Kiyapi
15.	2016	Jackson Michuki Maina	Masters	Perceptions and Uptake of Health Insurance for Maternal Care in Rural Kenya: A Cross Sectional Study	Kenyatta University	Dr. Samuel Tororei

7.0 PUBLICATIONS

1. Ahmed, I. A., Kithuka, P., & Kirui, J. (2025). *Adoption of electronic medical records among health workers in selected public health facilities in Banaadir, Somalia*. International Journal of Research and Scientific Innovation (IJRSI).
2. Kithuka, P. M. (2025). *The role of virtual hospitals in limited-resource settings: A scoping review*. International Journal of Research and Scientific Innovation (IJRSI).
3. Mumo, J., Kirui, J., & Kithuka, P. (2024). Utilization of data visualization tools to inform decision-making among health managers in selected counties in Kenya. *Journal of Applied Humanities and Social Sciences*, 3(1), 60–75.
4. Nesidai, B. A., Kithuka, P. M., Mekala, E., Munuve, L. M., & Kobia, S. M. (2025). *Examining the patient-centric factors influencing treatment compliance among patients with non-communicable disease utilizing mobile phone platforms in LMICs: Systematic review*. International Journal of Research and Scientific Innovation (IJRSI).
5. Nesidai, B. A., Kithuka, P. M., Mekala, E. K., Kavali, M. E., Mutetei, T. M., & Njoroge, P. W. (2025). *Sociodemographic factors influencing mobile phone-based treatment compliance for non-communicable diseases in low middle-income countries: A systematic review*. International Journal of Research and Scientific Innovation (IJRSI).
6. Nzuki, W. M., Kawila, C., Kithuka, P., & Mekala, E. (2025). *The role of technology in mainstreaming palliative care in Level 5 hospitals in Kenya: A systematic review*. International Journal of Research and Scientific Innovation (IJRSI).
7. Wafula, M., Kithuka, P. M., & Mekala, E. K. (2025). Virtual care coordination for patients attending diabetic clinics in selected hospitals in Nairobi City County, Kenya: A systematic review. *International Journal of Research and Scientific Innovation (IJRSI)*, 11(3), 88–94.

8. Wambua, B. M., & Kithuka, P. (2025). Effectiveness of socio-economic-demographic factors on utilization of routine health information among hospital management teams in tier-three hospitals in Kiambu County, Kenya. *Kenya Health Information Journal*, 15(1), 60–70.
9. Mumo, J.M., Kithuka, P.M., & Kirui, J. C (2024). Utilization of Data Visualization Tools to Inform Decision-Making Among Health Managers in Selected Counties in Kenya. *International Journal of Current Aspects*, 8(2), 33-44
10. Kuria, L., & Kithuka, P. (2024). Effect of client-cantered care training among healthcare workers on health systems responsiveness at selected facilities in Nairobi City County, Kenya. *Nairobi Health Systems Review*, 10(2), 85–95.
11. Thuo, W. M. I., & Kithuka, P. (2024). Patients’ rights charter adoption among healthcare professionals in Mbagathi Hospital, Nairobi City County, Kenya. *Journal of Health Policy and Management*, 8(3), 120–130.
12. Muluya, K. M., Kithuka, P., & Yitambe, A. (2022). Incentives for mothers, health workers, and “boda-boda” riders to improve community-based referral process and deliveries in the rural community: A case of Busoga Region in Uganda. *Reproductive Health*, 19, 1–10.
13. Tarkumbur, P. L., & Kithuka, P. (2022). Analysis of the satisfaction of women with the quality of maternal health services at the Federal Medical Centre, Makurdi, Benue State, Nigeria. *Nigerian Journal of Maternal Health*, 11(3), 100–110.
14. Hussein, S. A., & Kithuka, P. (2021). Management of diabetes mellitus at the household level using community health strategy in Embu County, Kenya. *Kenya Medical Research Journal*, 12(3), 45–52.
15. Cheboi, S. K., Kithuka, P., & Kimeu, A. N. (2021). Impact of cultural competence intervention on satisfaction with maternity services among women of reproductive age in rural Kenya. *Journal of Advances in Medicine and Medical Research*, 33(12), 1–10.

16. Njenga, J. W., & Kithuka, P. (2021). Women satisfaction with maternal health services in Murang'a County Referral Hospital, Kenya. *Maternal Health Journal of Kenya*, 9(1), 15–25.
17. Muluya, K. M., & Kithuka, P. (2021). Training of mothers for attitude change to support community-based referrals for maternal outcome in East-Central Uganda. *Community Health Education Journal*, 7(2), 50–60.
18. Aila, M. A., & Kithuka, P. (2021). Use of routine health information for decision making among health care workers in Marsabit County, Kenya. *Health Information Management Journal*, 13(2), 70–80.
19. Muwanguzi, D. G., & Kithuka, P. (2020). Challenges faced by health unit management committees in rendering health services to communities in East-Central Uganda. *Uganda Public Health Journal*, 14(4), 200–210.
20. Rithaa, G. K., Kosimbei, G., Yitambe, A., & Kithuka, P. (2019). Evaluation of technical efficiency of county referral hospitals in Kenya and its determinants. *International Journal of Advanced Medical and Health Research*, 6(1), 24–30.
21. Nyangori, F. W., & Kithuka, P. (2019). Job satisfaction among health-care professionals in selected public hospitals in Trans-Nzoia County, Kenya. *Kenya Journal of Health Workforce*, 5(1), 30–40.
22. Kithuka, P., Mwitari, J. & Korir, J. (2017). Predictors of community health workers' retention in service in Makueni County, Kenya. *Journal of Community Health* 2(4), 25–35.
23. Ndungu, K., & Kithuka, P. (2017). Capacity of health systems to respond to the health concerns of men who have sex with men in Nairobi. *Journal of Urban Health*, 14(2), 90–100.
24. Maina, J. M., Kithuka, P., & Tororei, S. (2016). Perceptions and uptake of health insurance for maternal care in rural Kenya: A cross-sectional study. *Pan African Medical Journal*, 23, 125.

8.0 COMMUNITY SERVICE

- Sponsor, Aka Ndiwa Women Group
- Elder, Christ Is the Answer Ministries (CITAM), Machakos
- Fund-raiser, Rafiki Mimea Nursery
- Director, BGC Hub

9.0 MEMBERSHIP INTO ASSOCIATIONS

- Member, Health Systems Management Association
- Member, Institute of Human Resource Management

10.0 REFEREES

1. James Kimuyu
Manager, Strategy and Knowledge Management

Kenya Civil Aviation Authority
Email: jkimuyu@kcaa.or.ke
2. Seith Abeka
Managing Director
University of Nairobi Enterprises & Services Ltd (UNES)
Email: sabeka@uonbi.or.ke
3. Dr Kenneth Rucha
Chairman,
Department of Health Management and Informatics,
Kenyatta University,
Email: rucha.kenneth@ku.ac.ke