

Academic Profile

DR. JAMES NJIRU NJERU CONSULTANT OBSTETRICIAN AND GYNAECOLOGIST/ FERTILITY & IVF SPECIALIST ADDRESS: P.O BOX 4537-00200, Nairobi PHONE: +254-720-564068 E-MAIL: njiru.njeru@ku.ac.ke,	
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I am a consultant obstetrician and gynaecologist with more than 13 years' experience in both busy public and private hospital set-up. I am passionate about women's health, fertility, In vitro fertilization (IVF) and providing quality care while guided by the best available medical evidence.

WORK EXPERIENCE

June 2017- Date-	Lecturer, Department of Obstetrics and Gynaecology <i>Kenyatta University.</i> • Supervision, mentorship and training of medical students (undergraduate and postgraduate) • Setting, invigilating and marking clinical and theoretical examinations • Writing and conducting research • Performing clinical procedures and making decisions on patients' management in reproductive health • Conducting regular ward rounds • Conducting specialist out-patient clinics • Supervising and marking research thesis for the students
2020 to 2024-	Chairman, Department of Obstetrics and Gynaecology,

Kenyatta University.

- Chairing the departmental meetings and the examinations board.
- Chief departmental examinations officer
- Attending the Senate meetings and the School of health sciences meetings
- Member of the school of health sciences executive committee
- Ensuring the processes at the department adhere to the quality management system of the university
- Supervision, mentorship and training of both medical undergraduates and post graduates
- Performing clinical procedures, conducting regular ward rounds and running specialist out-patient clinics

2013 - 2017-

Consultant Obstetrician Gynaecologist

Talana Specialist Centre/ Family Care Medical Centre Nairobi West.

- Performing clinical procedures and making decisions on patients' management in the department
- Attending to acute obstetrics and gynaecological emergencies
- Conducting specialist out-patient clinics
- Formulating and reviewing of departmental standard operating procedures and conducting audits
- Participating in various hospital administrative committees
- Out-reach clinics and community cervical cancer screening programmes
- Introduced the use of CTG in intrapartum patient monitoring

- 2011- 2013- Obstetrician Gynaecologist
Provincial General Hospital, Nakuru.
- Conducting daily ward rounds, theatre procedures and out-patient specialist clinics
 - Training of interns and medical students
 - Out-reach clinics and community cervical cancer screening programmes
 - Attending to complicated emergency cases in maternity and acute gyn wards and theatres
 - Participating in maternal mortality reviews and audits
- July- October 2011- Medical Technical Advisor,
Gender Violence Recovery Centre, Nairobi.
- Attending the Nairobi Women's Hospital management committee meetings
 - Reviewing and managing all files involving GBV
 - Reviewing and advising on court cases involving GBV survivors
 - Coordinating the medical aspect of the center with donors and partners
- 2005- 2008- Medical Officer
- Evans Sunrise Medical Centre, Nakuru.
 - Meru District Hospital.
 - CDC/KEMRI, Nairobi

EDUCATION

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- 2023-2025 Master of Science in Sexual and Reproductive Health (MSc.),
University of South Wales, UK.
- 2022-2023 Advanced Diploma in Reproductive Medicine and Embryology

	(AdvDip), Kiel School - Lilo Mettler School of Reproductive Medicine, Kiel, Germany.
2017	Fellowship in Assisted Reproductive Technology. International Association of Assisted Reproductive Technology, New Delhi, India.
2016-2017	Diploma in Minimal Access Surgery (D.MAS). World Association of Laparoscopic Surgeons, New Delhi, India.
2008-2011	Masters of Medicine in Obstetrics and Gynaecology (M. Med) Makerere University, Uganda
1999-2004	Doctor of Medicine (M.D) Chuvash State University, Russia.

RESEARCH/PUBLICATIONS

- James Njiru (2025). Anaphylaxis following Chromopertubation with Methylene Blue Dye in Tubal Factor Infertility: A Case Report. *International Journal of Recent Advances in Multidisciplinary Research Vol 12 Issue 04, pp.11036-11037, April, 2025.*
- James Njiru, Omar Mohamed, Marian Esiromo, Edith Kandie, Montella Silla, Francis Were, Samuel Ogombe, Paul Koigi (2024). Prevalence of Rhesus D negativity and barriers to immuno-prophylaxis among obstetric patients in Kitengela Sub-County Hospital: A cross-sectional study. *Journal of Obstetrics and Gynaecology of East and Central Africa Vol. 36 No.2, June, 2024, Page 87-91.*
- Francis Were, James Njiru, Benjamin Elly (2024). Challenges in cosmetic Gynaecology surgery: A case series. *Journal of Obstetrics and Gynaecology of East and Central Africa Vol. 36 No.1, Feb, 2024.*

- Francis Were, James Njiru, Elly Odongo and Marian Esiromo (2024). Complex umbilical cord entanglement: A case report. *Journal of Obstetrics and Gynaecology of East and Central Africa* Vol. 36 No.1, Feb, 2024.
- James Njiru, Francis Were, Elly Odongo and Marian Esiromo (2024). Natal Teeth: A rare case report and management strategies. *Journal of Obstetrics and Gynaecology of East and Central Africa* Vol. 36 No.1, Feb, 2024.
- Samuel Ogombe, James Njiru, Faith J. Maina, Edith Kandie, Montella Silla, Francis Were, Geoffrey Ounda and Marian Esiromo (2023). Antibiotic susceptibility patterns among type II diabetic patients with UTI in Thika level 5 hospital, Kiambu County, Kenya. *International Journal of Information Research and Review* Vol. 10, Issue, 05, pp.7511-7517, May, 2023
- V. Muviku, J. Njiru, F. Were, M. Esiromo and S. Mucheru (2023). Term pregnancy following heterotopic pregnancy: a case report. *East African Medical Journal* Vol. 100, No. 4, pp 5843-5846, April 2023.
- James Njiru, Francis Were (2023). A case of uterine perforation with visceral injury: a multidisciplinary approach. *TNH Med J* 2023; 2(1): 35 - 39.
- James Njiru, Francis Were (2023). Comparison between curvilinear and central wedge resection labiaplasty techniques. *Journal of Obstetrics and Gynaecology of East and Central Africa* Vol. 35 No.1, pp 7, Feb, 2023.
- Francis Were, James Njiru (2023). Labia minoroplasty and clitoral hood reduction, enhancing novel cosmetic and functional gynaecology: A case report. *Journal of Obstetrics and Gynaecology of East and Central Africa* Vol. 35 No.1, pp 8, Feb, 2023.
- Mbindyo F.S, Wanyoro A.K, Njiru J.N. (2022). Cervical cancer screening barriers and facilitators among female prisoners in selected prisons in Kenya. *The East and Central Africa Medical Journal* Vol.5, No.1, 2022.

- Geoffrey Obel, James Njeru (2021). Preventing Surgical Site Infections in East and Sub-Saharan Africa
International Journal of Information Research and Review Vol. 08, Issue,05, pp.7248-7253, May, 2021
- J.N. Njiru, M.A Esiromo, H.O. Omari (2014). Knowledge, Attitude and Use of pain relief in labour among women attending antenatal clinic at Shalom Community Hospital, Athiriver. *East African Medical Journal Vol. 91 No. 8 August 2014*
- J. Njiru, C. Biryabarema, M. Kagawa (2013). Fetal outcomes among grand multiparous and multiparous women in Mulago hospital, Uganda. *East African Medical Journal Vol. No. 1 2013*
- J. Njiru, C. Biryabarema, M. Kagawa (2013). Maternal outcomes among grand multiparous and multiparous women in Mulago hospital, Uganda. *East African Medical Journal Vol. 88 No. 4 April 2011.*

QUALITY IMPROVEMENT PROJECTS

- Assessment and management of women with preeclampsia-eclampsia in Kajiado Sub-County Hospital, Kajiado County, Kenya: a best practice implementation project-ongoing

ADDITIONAL TRAINING AND SKILLS

- Advanced Life Support in Obstetrics (ALSO), Institute of Family Medicine (INFA-MED), 2021
- Certificate of Completion, postgraduate excellence program on Infertility due to Gynaecological Disorders and Common Obstetric Complications, Boston University, 2021

- Certificate of study completion on Post-term Pregnancy and Intrauterine Fetal Death, The Global Library of Women's Medicine (GLOWM) and The International Federation of Gynaecology and Obstetrics (FIGO), 2021
- Certificate of Completion on Early Pregnancy and Emergency Gynaecology, Royal College of Physicians, 2018
- Diploma in Minimal Access Surgery, World Laparoscopic Hospital, New Delhi, India, 2017
- Fellowship in Minimal Access Surgery, World Laparoscopic Hospital, New Delhi, India. 2017
- Fellowship in Assisted Reproductive Techniques, World Laparoscopic Hospital, New Delhi, India. 2017
- Basic Laparoscopy Course, Nairobi Surgical Skills Centre, Kenya. 2016
- Point of Care Ultrasound, Technobyte, 2014
- Advances in Labour and Risk Management (ALARM), College of Family Physicians of Canada, 2009.
- Advanced Cardiac Life Support, The Aga Khan University Hospital, Nairobi. 2008
- Comprehensive care and management of HIV in Paediatrics- APHIA II. 2006
- HIV Care and Treatment with emphasis on Anti-Retroviral Therapy (ART), NASCOP in collaboration with John Hopkins University (JHPIEGO). 2006
- Methods of Teaching Russian as a Foreign Language, Chuvash State University, Russia. 2004

PROFESSIONAL AFFILIATIONS

- European Society of Human Reproduction and Embryology (ESHRE), Member
- Fellow of the East, Central and Southern Africa College of Obstetrics and Gynaecology
- Infection Prevention Network Kenya IPNET-K, Member.
- Kenya Obstetrical and Gynaecological Society, Member.

- World Association of Laparoscopic Surgeons (WALS), Member.
- Kenya Medical Association, Member.

REFEREES

1. Prof. Anthony Wanyoro
Associate Professor, Department of Obstetrics and Gynaecology, Kenyatta University
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2. Prof. Gichuhi Wanyoike
Associate Professor, Department of Obstetrics and Gynaecology, University of Nairobi
Wanyoike@uonbi.ac.ke
3. Dr. Elly B. Odongo,
Senior Lecturer and Consultant Gynecological Oncologist,
Chairman, Department of Obstetrics and Gynaecology, Kenyatta University
elly.benjamin@ku.ac.ke