

# CURRICULUM VITAE

## PERSONAL INFORMATION

NAME Mr. Johnson Murila MB.ChB, M.Med (Surg), FCS (ECSA)  
CST, ORTH (RCS, ENGLAND)  
DATE OF BIRTH 5<sup>th</sup> August 1957  
TELEPHONE (0722) 991881  
E-mail: murilaj@gmail.com  
MARITAL STATUS Married with three children

## PERSONAL PROFILE AND GOALS

An Orthopaedic Surgeon with special interest in Paediatric Orthopaedic Surgery, Reconstructive Surgery of Limbs, Joint Arthroplasty and Arthroscopy who also develops training programs for Paramedics in Orthopaedic Care and Rehabilitation. I would like to participate in teaching and instructing medical students and doctors in the local universities and hospitals.

## EDUCATIONAL BACKGROUND

1996-1998 **Treliske and City Hospitals, Truro, Cornwall U.K**  
Visiting Specialist Registrar Training Program Orthopaedics  
(Royal College of Surgeons of England) South Western Region  
U.K  
1994 – 1995 **The Wilson Rehabilitation Centre, South Korea**  
Fellowship training in Orthopaedics  
1987-1991 **University of Nairobi**  
Masters Programme in Surgery (M.Med (Surg))  
1978-1984 **University of Nairobi**  
Bachelor of Medicine and Bachelor of Surgery (MB.ChB)  
1976-1977 **Alliance High School**  
Advanced Level Examination-3 principals (Physics, Chemistry and  
Biology)  
2 Subsidiary passes (Mathematics and General Paper)  
1972-1976 **Alliance High School**  
Ordinary Level Examination-1<sup>st</sup> Division (11 points)  
1965-1971 **St.Xaviers Primary School,Nakuru**  
Certificate of Primary Education (36 points)

## WORK EXPERIENCE

**Name of Employer** Kenyatta University, (September 2010 to Date)  
**Current Position** Lecturer, Department of Surgery and Orthopaedics  
**Key responsibilities** Setting up the teaching program in orthopaedic surgery  
Bedside teaching and class lectures and discussions with the  
Students  
Teaching of practical surgical skills to the students, surgeons  
and medical officers

Mentorship of students and older qualified doctors

**Name of Employer**                    **THE ARUSHA LUTHERAN MEDICAL CENTRE, ARUSHA (ALMC)**

**Date**                                        December 2008-December 2009

**Position Held**                         Head of Orthopaedics

**Key Responsibilities**

- Set up and developed the orthopaedic department in the new hospital in Arusha
- Trained theatre staff in assisting orthopaedic surgeons
- Set up the physiotherapy and occupational therapy departments
  
- Emergency calls for orthopaedic and general surgery
- In charge of continued medical education

**Name of Employer**                    **SELIAN LUTHERAN HOSPITAL NGARAMTONI, ARUSHA TANZANIA**

**Date**                                        January 2006 – December 2008

**Position Held**                         Founder / Director

**Key Responsibilities**

- Contracted to start an orthopaedic unit by the Selian Lutheran Hospital in Arusha, Tanzania
- In charge of day to day management of the institute
- Built an outreach team and programme covering the Arusha and Manyara regions in Northern Tanzania
- Ran clinics and performed elective and emergency surgery
- Took emergency calls in orthopaedic and general surgery
- Trained an orthopaedic surgeon and orthopaedic care and theatre team
- In charge of the continued medical education programme of the Selian Lutheran Hospital
- Participated in the teaching programmes of the hospital

**Name of Employer**                    **PCEA HOSPITAL, KIKUYU ORTHOPAEDIC REHABILITATION CENTRE**

**Date**                                        May 1998 – November 2005

**Position Held**                         Orthopaedic Surgeon and Director

**Key Responsibilities**

- Co-founder and Director of the first hospital of its kind in East and Central Africa
- In charge of day to day management of the hospital
- Ran clinics and performed elective and emergency surgery
- Drew training programmes for physiotherapists, theatre staff and doctors from

other mission hospitals and supervised their training and practicals.

**Name of Employer**                    **DIRECTORATE OF LOCOMOTOR DISORDERS OF  
TRELISKE AND CITY HOSPITALS IN TRURO,  
CORNWALL, UK**

**Date**                                        March 1996 – April 1998

**Position Held**                         Specialist Visiting Registrar (Training Post, Orthopaedics)

**Key Responsibilities**

- Assessed all orthopaedic trauma patients and decided on management plan
- Orthopaedic Senior House Officer for six months
- Operated on patients and spent four months in upper limb surgery including total elbow and shoulder arthroplasty, shoulder stabilization, both open and arthroscopic
- Hand Surgeon's assistant for four months dealing with rheumatoid arthritis, wrist fusion, dequyren's contractures, congenital deformities, nerve and tendon grafts and repairs
- Spinal surgery rotation for four months
  
- General Orthopaedic Surgery rotation for six months
- Attended weekly teaching sessions in four teaching hospitals; Treliske, Derriford, Exeter and Torbay
- Lectured and gave presentations ,participated in discussions with specialist consultants in preparation for FRCS (Ortho) examination
- Wrote papers on Acetabular Fractures and Congenital Hip Dysplasia and presented them to the Royal College of Surgeons of England in part fulfillment of the training
- Carried out a special prospective review on the outcome of conservative management of clavicular fractures in the Cornwall County for one and a half years
- Worked for two weeks with renowned knee surgeon,Mr. Jonathan Beacon at St.Albans and Hemel Hemstead Hospitals near London
- Worked with Prof.Kiensle at the ULM University Clinic, Germany at a special research university and recognized A.O instruction and research centre
- Worked at the Gross Umstadt Hospital, Germany with the consultant ,in the outpatient and operating theatres

**Achievement**

Awarded a certificate by The Royal College of Surgeons of England in supervised training (CST.ORTH) following a successful two year training programme as a Specialist Visiting Registrar in the UK

**Name of Employer**                    **PRESBYTERIAN CHURCH OF EAST AFRICA HOSPITAL,  
KIKUYU**

**Date**                                        March 1995-March 1996

**Position Held**                         Assistant Orthopaedic Surgeon

**Key Responsibilities**

- Deputy Director of the Orthopaedic and Rehabilitation Programme including orthopaedic trauma, knee and hip arthroplasty with special emphasis on paediatric orthopaedics,correction of congenital deformities, cerebral palsy and trauma
- Corrected deformities due to burn scar contractures

**Name of Employer**                    **WILSON REHABILITATION CENTRE, SOUTH KOREA**

**Date** July 1994-February 1995

**Position Held** Orthopaedic Fellowship

**Key Responsibilities**

- Managed congenital, developmental and residual polio abnormalities amenable to surgery and reconstructive plastic surgery( non-cosmetic)
- Performed hip and knee replacement arthroplasty

**Name of Employer** **PRESBYTERIAN CHURCH HOSPITAL, KIKUYU**

**Date** April 1992-June 1994

**Position Held** General Surgeon

**Key Responsibilities**

- Managed all surgical patients
- Supervised and instructed medical students on elective term
- Instructed doctors in surgical care of patients
- Stood in for and assisted the Orthopaedic Surgeon in clinics and theatre
- Medical Officer in Charge

**Name of Employer** **VOI DISTRICT HOSPITAL (150 bed hospital)**

**Date** February 1991-March 1992

**Position Held** District Surgeon

**Key Responsibilities**

- Sole medical doctor as well as medical officer in charge
- Carried out daily rounds of all wards, special out-patient clinics, elective and emergency surgery
- General administration

**Name of Employer** **UNIVERSITY OF NAIROBI**

**Date** 1987-1991

Masters Programme in Surgery

**Key Responsibilities**

- First year- Gross human anatomy,histology,pathology and physiology, casualty and accident cover at night and on weekends
- Second year; nine months –general surgery, nine months-orthopaedic and trauma surgery, three months-thoracic and cardiovascular surgery, three months-plastic surgery, three months-neuro surgery, three months-ENT surgery
- Clerked and managed patients admitted
- First on call for all emergencies including surgery
- Managed outpatient clinics under consultant’s supervision
- Carried out clinical instruction of undergraduate medical students in wards, clinics and operating theatres

**Name of Employer** **KAKAMEGA PROVINCIAL HOSPITAL**

**Date** July 1985-September 1987

**Position Held** Post Registration; Medical Officer

**Key Responsibilities**

- Rotated in various disciplines as immediate supervisor of intern doctors and second on call; twelve months in surgery, six in paediatrics ,six in Obs/Gynae August 1984-July 1985 Intern
- One year internship under the supervision of a Medical Officer and Consultant in Paediatrics,Obs/Gynae,Surgery and Internal Medicine

**Name of Employer**                    **MUKUMU MISSION HOSPITAL**  
**Date**                                        1978-1984  
**Position Held**                            Trainee (Attachment during vacations-six months)  
**Key Responsibilities**

- Elective in internal medicine ,paediatrics,general surgery,obs/gynae and internal medicine

**Name of Employer**                    **FRIENDS MISSION HOSPITAL, LUGULU**  
**Date**                                        1978-1984  
**Position Held**                            Trainee (Attachment)

**Key Responsibilities**

- Attachment in internal medicine and paediatrics
- Assisted in clerking and managing patients under medical officer’s supervision

**INTERESTS AND HOBBIES**

- Meeting new people and getting to know them
- Traveling
- Sports enthusiast

**PERSONAL ATTRIBUTES**                    Exemplary leadership, ability to relate to different types of people and situations, self-driven, hardworking, honest, logical planner, able to see the long-term picture

<b>LANGUAGES</b>	<b>Reading</b>	<b>Writing</b>	<b>Speaking</b>
<b>English</b>	Proficient	Proficient	Proficient
<b>Swahili</b>	Proficient	Proficient	Proficient

**COMPUTER LITERATE** Proficient in Microsoft Word, Excel and Power Point

**AWARDS**

1. NATIONAL HOSPITAL INSURANCE FUND:  
 Winner of Afya Excellence Award 2003-PCEA Kikuyu Orthopaedic Rehabilitation Centre For Excellence and Innovation in Health Care Services

2. NATIONAL HOSPITAL INSURANCE FUND:  
 Second Runner Up 2003- Exemplary Servant Leadership

## **REFEREES**

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- Mr. Paul Kisanga  
Surgeon  
Director of Medical Services  
Selian Lutheran Hospital  
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