

CURRICULUM VITAE

Personal Details



NAME Simon Ndiritu Gichuhi
AGE 41 YRS
SEX Male
NATIONALITY Kenyan
MARITAL STATUS Married
PROFESSION SURGEON

Education Background

1978-1985 Matura Primary School, KCPE Grade A
1986 – 1989 Mang'u High School, KCSE Grade A-
1990 – 1997 Moi University Medical School MbChB
2001 – 2005 Nairobi University MMed Surgery
2009 – 2010 Madras Medical Mission – Cardiac Surgery

Short Courses Attended

2004 – Basic Life Support
2004 – Advanced Cardiac Life Support
2007 – Comprehensive HIV Management
2008 – Health Systems Management (Diploma)
2009 – Advanced Cardiac Life Support Instructor course

Professional Experience

1997 – 1998 Medical Internship, Tenwek Mission Hospital. Basic clinical knowledge application in patient care under supervision.
1998 – 2001 Medical Officer, Kericho District Hospital. General medical practice with a strong surgical bias including supervision of medical interns.
2001 – 2005 Surgical training in University of Nairobi attached to various surgical units in Kenyatta National Hospital. First exposure to cardiothoracic Surgery of which I now have a special interest.

2006 – 2008 General surgical practice in Maralal District Hospital. This included care of elective and emergency surgical patients in the in-patient and out-patient departments.

As medical superintendent of the hospital I had the responsibility of overseeing all functions of the institution, both medical service delivery and administrative functions. I was reporting to the Provincial Medical Officer and worked in collaboration with the District Medical Officer of Health.

During this period I published a scientific paper in a reputable international journal (East Africa Medical Journal) on the pattern of burns patients seen in Kenyatta National Hospital as a follow-up on research done during my surgical training.

2008 – 2009 Senior registrar in the Cardiothoracic Surgery unit of Kenyatta National Hospital. My duties included participating in the care of both elective and emergency cases in the unit under the supervision of relevant consultants. I also participated in supervising surgical registrars in the training process as well as teaching of medical students rotating in the unit.

District Hospital as well as cardiothoracic work in Kenyatta National Hospital. I have also been actively involved in the Mater cardiac surgery programme during this period. I have published a paper in cardiac surgery on the Warden's repair of Sinus Venosus Atrial Septal Defects. I have had the privilege of participating in the training of Kenyatta University Medical School students both in class lectures and clinical skills exposure in Kiambu District Hospital.

2013 – 2014 Lecturer Kenyatta University Medical School department of surgery.

Publications

- 1) **East Afr Med J.** 2006 Aug;83(8):455-60. Burns: The epidemiological pattern, risk and safety awareness at Kenyatta National Hoapital, Nairobi. Ndiritu S. Ngumi Z W. Nyaim O.
- 2) **Heart, Lung and Circulation** Volume 20. Issue11. Pages 718 – 721, November 2011 Impact of warden's Procedure on the Sinus Rythm: Our experience. Vijay Agarwal, Kelechi Emmanuel Okonta, Umar Abubakar, Simon Gichuhi. Department of Cardiac Surgery, Institute of Cardiovascular Diseases, Madras Medical Misssion, Chennai, India.

Further Professional Development

Areas of interest for further training in the future are short courses in laparoscopic surgery, endoscopy as well as various aspects of general thoracic, vascular and cardiac surgery. It is my desire to contribute my best towards the development of cardiac surgery in this country.

I desire to participate in relevant clinical instruction of trainee surgeons and medical students as well as clinical research.

Other interests

- 1) I keep fit by way of regular exercise, mainly jogging.
- 2) General reading including science fiction, nature and social materials.
- 3) I am a member of professional and social organisations including: the Kenya Surgical Society, Kenya Medical Association, Kenya Hernia Society, Kenya Cardiac Society and the Christian Medical Practitioners and Dentists Association.
- 4) I am a practicing Christian.