

**DAVID ELIUD KAGWI WAIROTO (MBchB, MMED (Psychiatry), AIMIS)**

P.O Box 60681-00200 NAIROBI, KENYA | Cell: +254 722841292 | I.D. No.22525359 |

D.O.B: 09/08/1982 | Religion: Christian | Email: davidkagwi@gmail.com. Married with 2 children

## **EDUCATION BACKGROUND**

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**UNIVERSITY OF NAIROBI** 2014-2017

**Degree: Masters in medicine (MMED) psychiatry**

**UNIVERSITY OF NAIROBI**

**Degree: Bachelor of medicine and Bachelor of Surgery** 2002 - 2007

**STRATHMORE UNIVERSITY** 2001 – 2002

**Diploma: Institute of management of information systems (IMIS)**

**ELITE SENIOR HIGH SCHOOL**

**K.C.S.E: Mean grade A** 1997-2000

## **CAREER OBJECTIVE**

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To work for a dynamic organization that focuses in provision of efficient and high quality health services and that fosters education, research and empowerment of the community In the end, I will also undergo personal development that will help me cope with the day-to-day challenges this world has to offer.

## **WORKING EXPERIENCE**

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**KENYATTA UNIVERSITY**

**SCHOOL OF MEDICINE**

**DEPARTMENT OF PSYCHIATRY AND MENTAL HEALTH**

**FULL TIME LECTURER**

### **Key Responsibilities**

- Teaching and mentoring Undergraduate medical students in School of Medicine
- Assessing Medical students in examinations
- Clinical teachings to Medical students at Mathari National Teaching and referral hospital
- Department ISO audit lead to improve quality management in teaching in Department
- Supervising post graduate students in thesis
- Running of forensic and outpatient clinics in Mathari teaching hospital
- Any other duties allocated by Department Chair and Dean School of Medicine

**MATHARI NATIONAL TEACHING AND REFERRAL HOSPITAL**

**Consultant Psychiatrist**

**APRIL 2018 – MARCH 2020**

**Senior Registrar Department of Psychiatry UoN September 2014 – October 2017**

## Key responsibilities

### ❖ Clinical and administrative Duties

- Consultant at Mathari hospital
- Running the forensic clinic in Mathari hospital
- Managing and undertaking day-to-day psychiatry clinical duties, e.g. general psychiatry clinics, specialist psychiatry clinics, consultation, emergencies,
- Conducting ward rounds in psychiatric wards in both civil and forensic wards.
- Participating in patient care and follow up with inpatient psychiatric team
- Supervising and attending to drug rehabilitation patients at the rehabilitation unit
- Teaching post graduate and under graduate students during ward rounds and also teaching nursing students during ward rounds/.
- Performing electro convulsive therapy for both in patient and out patients
- Performing liaison psychiatry at Kenyatta National Hospital in all medical specialty wards
- Attending to psychiatric emergencies at Kenyatta national Hospital accident and emergency and Mathari hospital Out patient clinic
- Running the specialist child psychiatry clinic at Kenyatta National Hospital, Psychiatry department, Youth clinic KNH and Mathari hospital
- Performing community psychiatry outreach at Mathari hospital environs
- Liaising with specialist psychiatrists to run the outpatient psychiatric clinic in KNH, clinic 24.
- Following-up with outside specialists.
- Overseeing and providing health education and health promotion programs.

### ❖ Registrar Duties.

- Preparing case conferences and presentations for discussion as a department , and to help in education of both undergraduate and post graduate students
- Presenting class presentations for discussion.
- Examination of undergraduate medical students for both long cases and short cases/vivas.
- Teaching and supervising undergraduate medical students University of Nairobi, 3<sup>rd</sup>,year, 4<sup>th</sup> and 5 year MbCHB.
- Presenting research proposal and completed thesis for the award of the degree, topic, Prevalence of Psychiatric Morbidity in Cerebrovascular accident patients attending Outpatient neurology clinic ,Kenyatta National Hospital
- Sitting for clinical and written examinations for award of degree in psychiatry
- Any other duty given by Chair of department of psychiatry , University of Nairobi,

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## AGA KHAN UNIVERSITY HOSPITAL

### OUTREACH SERVICES

Senior House Officer Ridgeways/Donholm/Kiambu Branches

March 2013 –August 2016

### Key responsibilities

#### ❖ Clinical Duties

- Managing and undertaking day-to-day clinical duties, e.g. walk-in clinic, consultation, emergencies, preplacement and periodic medical examinations, immunizations, etc.
- Referring staff to outside specialists as necessary.

- Following-up with outside specialists.
  - Overseeing and providing health education and health promotion programmes.
  - Organizing/participating in addressing work environment and occupational health issues.
- ❖ Medico Administrative Duties.
- Assisting Administration in drafting and implementation of business continuity and crises preparedness plans for the duty station/mission.
  - Advising Administration on medical clearances (fitness for work), sick leave, medical evacuations/repatriations, eligibility to disability benefit, service incurred compensation claims and medical insurance claims.
  - Planning, managing and organizing the medical activities and administrative functions of AKUH.
- ❖ Supervisory Administration
- Supervising laboratory technicians and nurses; ensuring availability of drugs and medical supplies and proper functioning of medical equipment.
  - Ensuring appropriate training programmes are implemented in order to maintain and develop the medical capabilities (e.g. health education, HIV/AIDS prevention, first aid and CPR).
- ❖ Perform other related duties as required.
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**DIRECTLINE ASSURANCE LIMITED**  
**MEDICAL OFFICER**

**Dec 2011- March 2013**

***Key responsibilities***

- Examination and interview of accident victims in order to issue second opinion
- Verification of soft tissue injuries to accident victims
- Ensuring that the diagnoses and treatment are consistent with injuries sustained in the road traffic accident
- Referral of injury victims to specialists for second opinion where necessary
- Visiting admitted patients requiring special care, investigations and treatment
- Challenging the claimant's doctor in regards to the extent and severity of injuries sustained as a result of the Road Traffic Accident and testifying in Court where necessary
- Liaising with other medical and non-medical staff in the various hospitals to confirm that claimant was treated in the specified health facility
- Increasingly, undertaking managerial responsibilities such as planning the workload and staffing of the department.
- Establish working relationships/ rapport with regional hospitals: Medical Superintendents, record officers etc
- Establish a panel of consultants: Dentists, Orthopedic Surgeons, General Surgeons and others as need arises.
- Identify a Diagnostic Imaging Center of close proximity to the doctor's office.
- When disputes or queries regarding injuries or documentations arise be able to go to the hospitals and seek clarification from the hospital files.

- Prepare Monthly reports detailing number of claimants seen, number of claims with exaggerated injuries, number of fraudulent claims.

**AVENUE HOSPITAL- NAIROBI MEDICAL OFFICER  
CASUALTY DEPARTMENT**

**December 2009-  
December 2011**

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***Key responsibilities:***

❖ Clinical Duties

- Managing and undertaking day-to-day clinical duties, e.g. walk-in clinic, consultation, emergencies, preplacement and periodic medical examinations, immunizations, etc.
- Referring staff to outside specialists as necessary.
- Following-up with outside specialists.
- Overseeing and providing health education and health promotion programmes.
- Organizing/participating in addressing work environment and occupational health issues

❖ Medico Administrative Duties.

- Assisting Administration in drafting and implementation of business continuity and crises preparedness plans for the duty station/mission.
- Advising Administration on medical clearances (fitness for work), sick leave, medical evacuations/repatriations, eligibility to disability benefit, service incurred compensation claims and medical insurance claims.
- Planning, managing and organizing the medical activities and administrative functions of Avenue hospital Parklands
- Occupational Health audits for factories and places of work. Occupational health audit at Nairobi bottlers and Sameer Africa years 2010 and 2011 for over 600 factory staff.
- Occupational health talks and training on work safety requirements , done at Top tnak Kitengela and Kenya roses Ruiru farm.

❖ Supervisory Administration

- Supervising laboratory technicians and nurses; ensuring availability of drugs and medical supplies and proper functioning of medical equipment.
  - Ensuring appropriate training programmes are implemented in order to maintain and develop the medical capabilities (e.g. health education, HIV/AIDS prevention, first aid and CPR).
- ❖ Perform other related duties as required.
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**THIKA LEVEL V HOSPITAL & MASALANI DISTRICT  
HOSPITAL IJARA DISTRICT  
MEDICAL OFFICER**

**FEB 2009 -Nov 2009**

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***Key responsibilities:***

- Running of outpatient department and responding to medical, paediatric, surgical and obstetric emergencies.
- Running of specialist clinics including psychiatry, medical outpatient, surgical outpatient, gynaecological outpatient, high risk clinic, diabetes clinic, paediatric outpatient and orthopaedic outpatient clinics and TB/HIV AIDS clinics..
- Carrying out both minor and major surgical procedures in surgical, orthopaedic and obstetric theatres.
- Rotations through the busy departments of paediatrics, surgery, internal medicine and gynecology.
- Supervising and teaching medical and clinical officer interns as the medical officer in surgical department..
- Examination of clinical officers interns and medical undergraduate students in Thika Kenya medical training college , Mount Kenya University, Jomo Kenyatta University and University of Nairobi.
- Carrying out community health education at the Thika municipal market.
- Organising and performing continuous medical education (CMEs) while in individual rotations.
- Carrying out community outreach and mobile clinics in the greater Ijara district as the medical officer.
- Administration and office duties as the acting medical superintendent Masalani district hospital.
- Supervising and mentoring clinical officers and nurses at Masalani District Hospital as the acting Hospital in charge.
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**THIKA LEVEL V HOSPITAL  
MEDICAL OFFICER (Intern)**

**Feb 2008-Feb 2009**

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***Key responsibilities:***

- Running of outpatient department and responding to medical, paediatric, surgical and obstetric emergencies.

- Running of specialist clinics including psychiatry, medical outpatient, surgical outpatient, gynaecological outpatient, high risk clinic, diabetes clinic, paediatric outpatient and orthopaedic outpatient clinics and TB/HIV AIDS clinics.
- Carrying out both minor and major surgical procedures in surgical, orthopaedic and obstetric theatres.
- Rotations through the busy departments of pediatrics, surgery, internal medicine and gynecology.

## **SKILLS AND COMPETENCIES**

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- Specialist knowledge of psychiatry both outpatient and inpatient care
- Knowledge of clinical, occupational and tropical/travel medicine.
- Demonstrates professional competence and mastery of subject matter
- Conscientious and efficient in meeting commitments, observing deadlines and achieving results
- Remains calm in stressful situations
- Technical assistance and clinical mentorship
- Training and Capacity building
- Proficiency in Ms Office software, internet and networking
- Strong interpersonal communication and leadership skills
- Team player, fast learner and flexible
- Excellent written and verbal communication skills
- Fluent written and spoken English, Kiswahili and Kikuyu

## **TRAINING AND PROFESSIONAL DEVELOPMENT**

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- Pitman qualifications Practical spreadsheet processing October 1998
- Basic Adult & Paediatric Life Support (BLS) December 2007
- HIV/AIDS & PMTCT course January 2006
- Reproductive Health symposium 21<sup>st</sup> March 2006
- Pharamaco vigilance training September 2009
- Essential Obstetric care September 2009
- Malaria update August 2009
- Basic Life support and Advanced Cardiac Life support BLS, ACLS September 2013
- European Paediatric Life Support September 2014
- Training on basic Firefighting Jan 2015
- Update on Acute Coronary syndromes September 2015
- ECG Training February 2016 Akuh
- Completed post graduate degree training in Psychiatry, graduated in December 2017

## **RESEARCH EXPERIENCE**

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### **PUBLICATIONS**

**International Journal of Advanced Multidisciplinary Research (IJAMR) , January 2020 Issue ,VOL. 7 ISSUE - 1**

Prevalence and nature of psychiatric morbidity in stroke outpatients in Kenyatta national hospital, Kenya

David Kagwi Wairoto, Othieno Caleb Joseph, Pius Akivaga Kigamwa

DOI: <http://dx.doi.org/10.22192/ijamr.2020.07.01.004>

University of Nairobi 2017

Prevalence of Psychiatric Morbidity in Cardio vascular accident patients attending Neurology out patient clinic at Kenyatta National Hospital

Dissertation for Masters in Medicine in Psychiatry (Mmed Psychiatry)

Graduated 2017

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### **SYMPOSIUMS AND CONFERENCES ATTENDED**

Kenya psychiatric association, quarterly continuous medical education, 2014

Mental health research Kenya psychiatric association , Kenyatta University, February 2015

Mental health in the workplace PrideInn Hotel, Westlands Nairobi, 26/03/2015

Life work balance, 2015, Panafric Hotel

Psychopharmacology conference , Boma Hotel , 9<sup>th</sup>-10 October 2015

Kenya Psychiatry association Annual Scientific conference and Annual General meeting at Outspan hotel, Nyeri, 26 – 28 th May 2016

East African Young Psychiatrists and Trainees Association, Annual Scientific conference, June 2016, Kolping hotel Kampala Uganda

Depression update, Kempinski Hotel , November 2016

ADHD symposium Radisson Blu, 2016,

Kenya Psychiatry association/AAPAP Conference 2017, Theme Implementation of Mental health research for Policy development in African, pride inn Paradise 30<sup>th</sup> March – 1<sup>st</sup> April 2017

New frontiers Psychopharmacology of Long acting Injectables, Radisson blu, 9<sup>th</sup> November 2017

World suicide day, Mathari National teaching and referral hospital, 11<sup>th</sup> September 2017

ADHD Across the Lifespan, Sarova Panafric, 30<sup>th</sup> November 2017

Scientific conference Alisa Hotel Accra Ghana April 2018

Scientific conference Kenya Psychiatry association Nakuru May 2018

KPA Strategic plan draft Meeting November 2018

KPA Inaugural May Mental Health Awareness Month Chairman Organizing Committee May 2019

Beautiful Minds unveiling the Face of psychosis July 2019

Payers and Reimbursement Decision Makers Meeting June 2019

Scientific conference Kenya Psychiatry association Nyahururu Panari Resort May 2019

Key note Speaker CANMAT/ISBD guidelines KPA half day symposium June 2019

KPA Strategic Plan Launch September 2019 Chief Organizer of the Breakfast meeting

Inaugural Mental Health conference MOH/KPA/Janssen held at KICC November 2019

ENCP Virtual Conference September 2020

KPA Virtual Conference October 2020

Various CMES in 2021 all virtual

KPA 13th Annual Scientific conference 2021 Lake Naivasha resort Chief Organizer

Various CMEs and trainings in mental health 2022

### **Associations and Membership**

Hon Secretary General Kenya Psychiatric Association from October 2020,

Member of the National Executive Committee (NEC) Kenya Psychiatry Association (KPA) 2017 - 2020

Vice CME coordinator KPA 2017 - 2020

Member of KMA/KPA.CPAK physician health sub committee, from April 2020 to date

Member of Kenya Medical Association

### **HOBBIES AND INTERESTS**

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- Keeping fit and clean eating
  - Running marathons, completed, First Lady 2016, Ndakini 2016 and Stanchart Marathon 2016 all 21 kms
  - Travelling
  - Socializing
  - Football
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## REFEREES

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1. Dr. Frank Njenga  
Chairman of Chiromo Mental Health Hospital , Chairman of AAR group holdings and Senior Consultant Psychiatrist, Presidential Advisor on Mental Health and Member of The Board of directors Mathari Teaching and Referral Hospital  
Email [franknjenga2014@gmail.com](mailto:franknjenga2014@gmail.com)
  
2. Dr . Simon Njuguna Kahonge  
Director of Mental health Ministry of Health ,  
0722574676  
Email – [kahongesimo@yahoo.com](mailto:kahongesimo@yahoo.com)
  
3. Dr. Francisa Ongecha  
Dean School of Medicine  
Kenyatta University  
0722763576  
Email : fongecha2013@gmail.com
  
4. Dr Judy Kamau Consultant Child and Adolescent Psychiatrist  
Department of Psychiatry and Mental Health Kenyatta National Hospital  
0722489273  
  
Email : drjudykamau@gmail.com